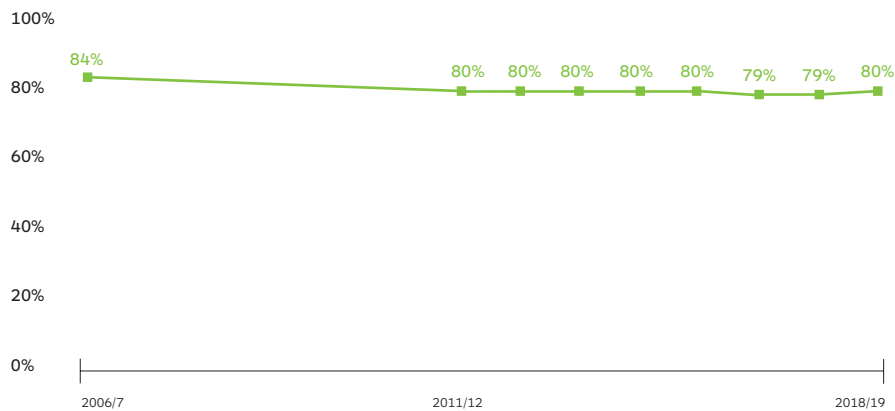


# Key facts about drinking in New Zealand: Changes over time

Results from the New Zealand Health Survey



**Drinking rates decreased significantly between 2006/07 and 2011/12. Since then, rates have not changed and are around 80%**



## Subgroup changes

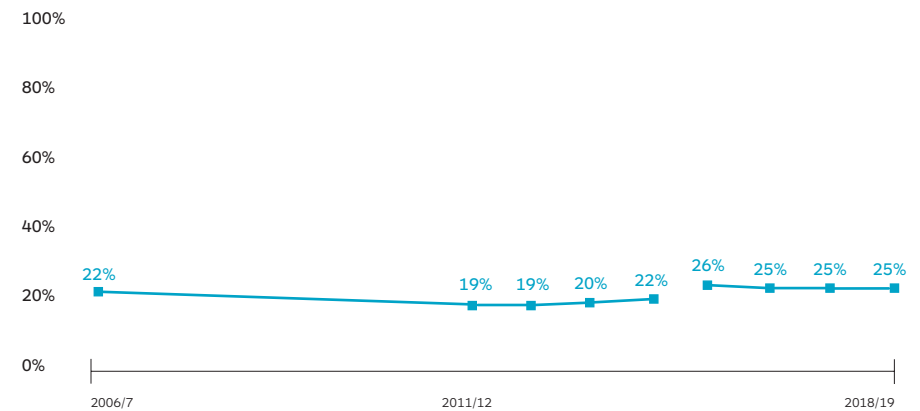
The latest data shows a significant increase in the last year for:

- adults aged 75 years and over
- Pacific women
- Māori men
- Asian women.

However, this may reflect ongoing fluctuations in the data instead of being part of an increasing trend.



**Hazardous drinking rates have not improved, with 1 in 4 adults drinking dangerously**



## Subgroup changes

The 2018/19 data shows hazardous drinking rates have not improved across all groups.

### Notes:

1. Drinkers are those adults who have had a drink in the past year. Hazardous drinkers are those past-year drinkers who scored 8 or more on the Alcohol Use Disorders Identification Test (AUDIT) ([https://www.who.int/substance\\_abuse/activities/sbi/en/](https://www.who.int/substance_abuse/activities/sbi/en/)).
2. Source: New Zealand Health Survey (NZHS). All changes noted are statistically significant.
3. A change in methodology in 2015/16 affected the hazardous drinking time series, meaning comparisons can't be made with data pre-2015/16.

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