

2012 Health and Lifestyles Survey

Commissioned by the Health Promotion Agency

Author:
Research and Evaluation Unit

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Any queries regarding this survey should be directed to the HPA at the following address:

Darren Walton, Manager, Research and Evaluation
Health Promotion Agency
Level 4, ASB House
101 The Terrace
Wellington 6011

PO Box 2142
Wellington 6140
New Zealand

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COMMISSIONING CONTACTS COMMENTS:

The Health Promotion Agency (HPA) commission was managed by the Research and Evaluation Unit.

The Health and Lifestyles Survey (HLS) is a biennial monitor of the health behaviour and attitudes of New Zealand adults aged 15 years and over, and parents and caregivers of 5 to 16-year-olds, first carried out in 2008. The HLS is managed by the HPA and collects information relating to HPA's programme areas of alcohol, tobacco control, sun safety, problem gambling and nutrition. The data will be used to assess changes and developments in New Zealanders' lifestyles as these relate to public health outcomes. The HPA uses these analyses to target at-risk groups more effectively and to efficiently promote healthy lifestyles.

The questionnaire was developed by the Research and Evaluation Unit. Data collection for the HLS was contracted to CBG Health Research Limited.

PEER REVIEW:

The questionnaire was reviewed externally.

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2012 Health & Lifestyles Survey

Questionnaire



SECTION B: CORE DEMOGRAPHICS AND SELECTING THE NOMINATED CHILD

[GENERAL], [PARENT/CAREGIVER] GO TO B_INTRO.

[B_INTRO] Thank you for agreeing to take part in this survey. It covers a number of topics relating to health and lifestyles, including food and drinks, smoking, being out in the sun, and gambling. There are no right or wrong answers - we just ask about what you think.

The first few questions are to make sure that we ask you the right questions.

B1 [If necessary:] I need to record whether you are male or female?

① Enter the gender of the respondent.

Male 1
Female..... 8

B2  Showcard B2

Looking at Card B2, which of these age groups do you belong to?

15-17 years..... 01
18-19 years..... 02
20-24 years..... 03
25-34 years..... 04
35-44 years..... 05
45-54 years..... 06
55-64 years..... 07
65-69 years..... 08
70-74 years..... 09
75+ years 10
Don't know..... 99
Refused 98

[PARENT/CAREGIVER] GO TO B3.
OTHERWISE GO TO L1.

B3 Some of the questions ask about children, so we start by choosing one child to ask about later in the survey. How many children aged 5 to 16 years usually live in this household?

ENTER NUMBER:

IF B3 = 1 CONTINUE TO B4.
OTHERWISE GO TO B5.

B4 May I have the first name of that child so that I can refer to her or him through the interview?

RECORD NAME: _____

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE QUESTIONS]

GO TO B6.

B5 So that I can choose one child to ask about later in the survey, may I have the first name of the child aged 5 to 16 years who has the next birthday, so that I can refer to her or him through the interview?

① If twins, take the youngest.

RECORD NAME: _____

[PROGRAMMER: DROP THIS NAME IN WHEREVER Xxx APPEARS IN THE QUESTIONS]

B6 How old is Xxx please?

ENTER IN YEARS:

--	--

B7 And I'll also enter boy or girl.

① As needed!

Boy 1

Girl..... 8

B8  **Showcard B8**

Looking at Card B8, which ethnic group or groups does Xxx belong to?

① If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.

Multiple response allowed.

New Zealand European 01

Māori..... 02

Samoan 03

Cook Island Māori 04

Tongan 05

Niuean 06

Chinese..... 07

Indian 08

Other (specify in B8a)..... 09

Don't know..... 99

Refused 98

B8a What other ethnic group or groups does Xxx belong to?

B9 **Are you the person in this household who is mainly responsible for cooking, providing and managing what Xxx has to eat and drink?**

Yes	1
No.....	5
Don't know.....	9
Refused	8

SECTION L: LIFESTYLE FACTORS

[GENERAL], [PARENT/CAREGIVER] GO TO L_INTRO.

[L_INTRO] **The purpose of this section is to collect some information about your interests and lifestyle.**

L1  **Showcard L1**

Looking at card L1, how much time do you spend watching television?

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- I never watch television 6
- Don't know 9
- Refused 8

L2  **Showcard L2**

How much time do you spend on the Internet?

- 5 hours or more per day 1
- 3 to 4 hours per day 2
- 1 to 2 hours per day 3
- Less than 1 hour per day 4
- Less often than once a day 5
- I never use the internet 6
- Don't know 9
- Refused 8

[IF L2=6 GO TO L5]

L3 **I'm going to read a short list of social media websites to you, please tell me whether or not you have accessed each of these in the past week:**

Facebook	Yes	No	Don't know	Refused
Youtube	Yes	No	Don't know	Refused
Twitter	Yes	No	Don't know	Refused

L4 **Do you access the internet using a mobile phone?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

L5 **Which mode of transport do you most regularly use to travel to your main week day activity? If you use several modes of transport, please think about the one that you travel by for the longest amount of time each week.**

- Motorbike/motorscooter/moped 1
- Car, truck or van..... 2
- Bus..... 3
- Train 4
- Bicycle 5
- Walking 6
- Jogging or Running..... 7
- Skateboarding 8
- Ferry 9
- I don't usually travel far (I work/school from home, I'm retired, etc.) 10
- Other (please specify) 77
- Don't know..... 99
- Refused 98

[PARENT/CAREGIVER ASK L6, OTHERWISE GO TO T_INTRO]

L6 **And which mode of transport does xxx most regularly use to travel to school? Think about the one that they travel by for the longest amount of time each week**

- Motorbike/motorscooter/moped 1
- Car, truck or van..... 2
- Bus..... 3
- Train 4
- Bicycle 5
- Walking 6
- Jogging or Running..... 7
- Skateboarding 8
- Ferry 9
- Other (please specify) 77
- I don't usually travel far (I work/school from home, I'm retired, etc.) 0
- Don't know..... 99
- Refused 98

L7  **Showcard L7**

Is xxx allowed to go out on his/her own in the local neighbourhood?

① If multiple responses provided, please record lowest numeric response

Yes	1
No, only with other children	2
No, only with an older brother or sister	3
No, only with an adult.....	4
Don't know	9
Refused	8

SECTION T: TOBACCO

[PARENT/CAREGIVER GO TO FOOD PART 1_INTRO, OTHERWISE GO TO T1]
[T_INTRO]

Now some questions on smoking cigarettes and tobacco.

T1 Have you ever smoked cigarettes or tobacco at all, even just a few puffs?

① If necessary: This includes if you are currently smoking.

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF T1 = 1 GO TO T2
OTHERWISE GO TO T12

T2 How old were you when you FIRST TRIED a cigarette?

① Enter answer in years. If respondent doesn't know exactly, get their best estimate.

Don't know – 999 Refused - 998

T3 Have you ever smoked DAILY for a period of time?

① If respondents asks, "period of time" means for at least a week

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF T3 = 1 GO TO T4
OTHERWISE GO TO T5

T4 How old were you when you first STARTED smoking DAILY?

① Enter answer in years. If respondent doesn't know exactly, get their best estimate.

Don't know – 999 Refused - 998

T5  **Showcard T5**

Looking at Showcard T5, which best describes how often you smoke tobacco now?

- At least once a day 1
- At least once a week 2
- At least once a month 3
- Less often than once a month 4
- You do not smoke now 5
- Don't know 9
- Refused 8

IF T5 = 1-4 GO TO T7.
IF T5 = 5 GO TO T6.
OTHERWISE GO TO T12.

T6  **Showcard T6**

How long ago did you stop smoking? Please answer from Showcard T6.

- Within the last month 1
- 1 to 6 months ago 2
- 6 to 12 months ago 3
- 1 to 2 years ago 4
- 2 to 5 years ago 5
- Longer than 5 years ago 6
- Not applicable - never started smoking 7 [NOT ON SHOWCARD]
- Don't know 9
- Refused 8

IF T6 = 1-3 GO TO T7.
OTHERWISE GO TO T12.

T7 **In the last 12 months, how many serious attempts to stop smoking did you make that lasted 24 hours or longer? Please include any attempt that you are currently making.**


 **If none, record 0.**

[PROGRAMMER NOTE: IF T6 = 1-3, THEN T7 CANNOT BE 0]

Don't know – 99 Refused - 98

[TRIED TO QUIT IN LAST 12 MONTHS] T7 = 1 OR MORE GO TO T8.
OTHERWISE GO TO T9.

T8  **Showcard T8**

Looking at Showcard T8, please identify any help, advice, programmes and products used to help you quit during your last quit attempt. Please say as many as apply.  **Multiple responses allowed.**

Stop Smoking Programmes

The Quitline (national freephone service 0800 778 778)	01
Aukati KaiPaipa	02
Another stop smoking programme	03

Health Professionals

A doctor from a hospital.....	04
A doctor, GP.....	05
A dentist	06
A nurse.....	07
A pharmacist.....	08
A midwife.....	09
A Māori community health worker	10
A Pacific community health worker	11
Counsellor.....	12
Hypnotist/Hypnotherapist	13

Friends, family and others

A friend or family member	14
A school counsellor.....	15
Some other advisor not mentioned here	16

Nicotine Replacement Therapy (NRT) or other Product Support

Nicotine patches.....	17
Nicotine gum	18
Nicotine Microtab.....	19
Nicotine Lozenges.....	20
Nicotine inhalers.....	21
Zyban/Bupropion.....	22
Champix.....	23
E-cigarettes/ electronic cigarettes.....	24

Other

The internet.....	25
A texting service	26
Allen Carr’s book	27
Another self-help book.....	28
Other (specify in T8a)	96

None, I didn’t use any support	97
Don’t know.....	99
Refused	98

T8a **What is that ‘other thing’?**

T9 **Do you think you will be smoking 3 months from now?**

Yes.....	1
No.....	5
Don’t know.....	9

- Refused 8
- T10 **Do you think you will be smoking 5 years from now?**
 Yes 1
 No 5
 Don't know 9
 Refused 8
- T11 **Do you think you will be smoking in 2025?**
 Yes 1
 No 5
 Don't know 9
 Refused 8
- T12 **In the last month, have you seen cigarette or tobacco packs being displayed, including on shelves or on the counter?**
 Yes 1
 No 5
 Don't know 9
 Refused 8

[T13_I] **The next few questions ask for your opinion about smoking. We are interested in these whether you smoke or not.**

[ROTATE T13-T14]

T13  **Showcard T13**

Looking at Showcard T13. In your opinion, do you think people should be able to smoke in the following places?

In public outdoor dining areas

① **If necessary: This includes premises that serve food and beverage such as cafes, restaurants, and pubs and bars.**

Outdoor areas refer to the part of the premises that is not fully enclosed, whether or not it has a permanent or temporary cover.

- Anywhere 1
- In set area..... 2
- Not at all..... 3
- Don't know..... 9
- Refused 8

T14 **In your opinion, do you think people should be able to smoke in the following places?**

At outside sport fields or courts

① **If respondents says "only in set areas", answer "yes".**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

[ROTATE T15-T16]

T15  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Smoking should be banned in all outdoor public places where children are likely to go.

① **Outdoor public places refers to places such as beaches, sports grounds or parks, and playgrounds.**

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T16  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Smoking in cars should be banned when children are in them.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

[ROTATE T17-T18]

T17  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Most New Zealanders disapprove of smoking...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T18  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Being Smokefree is part of the New Zealand way of life...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

[ROTATE T19-T29]

T19  **Showcard T19**

Looking at Showcard T19, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Tobacco companies should be required to have cigarettes and tobacco in government-specified packs like that in Showcard T19

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T20  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

The government should do more to reduce the harm done by smoking...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T21  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

The number of places allowed to sell cigarettes and tobacco should be reduced to make them less easily available...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T22  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

There should be complete bans on displays of cigarettes and tobacco inside shops...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T23  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Tax on cigarettes and tobacco should be increased every year...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T24  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

The extra money from tobacco tax increases should be used to help smokers wanting to quit...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T25  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Dutyfree shops should not be allowed to sell cigarettes or tobacco...

- Strongly agree 1

Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T26  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Shops should not be allowed to sell cigarettes or tobacco via the internet...

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T27  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

It's probably not hard for a 16 year old to buy cigarettes

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

T28  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Businesses that sell tobacco should be monitored better

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8


T29  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

The nicotine content of cigarettes should be reduced to very low levels so that they are less addictive.

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

[ROTATE T30 – T31]

T30  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Cigarettes and tobacco should not be sold in New Zealand in 10 years' time...

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

T31  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

The government should take action to reduce the availability of cigarettes and tobacco...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

[ROTATE T32 – T33]

T32  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

People who want to quit smoking know where to seek help ...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T33  **Showcard T15**

Looking at Showcard T15, whether or not you smoke, please tell me how much you agree or disagree with the following statements.

Nicotine replacement medications are more harmful than smoking cigarettes...

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

T34 **Now I am going to ask a question about how many people you think smoke. Out of 100 adults in New Zealand, how many do you think smoke cigarettes or tobacco? By this we mean they smoke cigarettes or tobacco at least once a day.**

① Reassure if necessary: We are looking for your best estimate only. This is a percentage. Adults are those 15 years and over.

Don't know – 999 Refused – 998

T35 Are you aware that the government wants New Zealand smoking rates reduced to less than 5% by 2025?

① If necessary: the government has a goal of reducing the proportion of New Zealanders who smoke from around 19% (one in five) by half by 2020, and to further reduce the overall percentage of smokers to under 5% by 2025 (one in 20).

Yes 1
No 5
Don't know 9
Refused 8

[T35I] **Electronic cigarettes, sometimes referred to as e-cigarettes, are new products that are available in New Zealand. They are battery-operated devices that look like a cigarette. They do not contain tobacco, but they release flavours as people inhale from it.**

T36 Have you ever purchased an e-cigarette?

Yes 1
No 5
Don't know 9
Refused 8

T37  **Showcard T15.**

Please tell me how much you agree or disagree with these statements.

E-cigarettes are safer to use than tobacco cigarettes...

Strongly agree 1
Agree 2
Neither agree nor disagree 3
Disagree 4
Strongly disagree 5
Don't know 9
Refused 8

T38  **Showcard T15.**

Please tell me how much you agree or disagree with these statements.

E-cigarettes can help people quit smoking tobacco.

Strongly agree 1
Agree 2
Neither agree nor disagree 3
Disagree 4
Strongly disagree 5
Don't know 9
Refused 8

SECTION G: GAMING AND BETTING

[GENERAL] GO TO G_INTRO.
OTHERWISE GO TO FOOD PART 1_INTRO

[G_INTRO] One type of entertainment that people can take part in is betting or playing games of chance. That is, where you spend some money to try to win back more than you spent, or to win a big prize. This part of the survey tries to get a cross section of people’s opinions on that type of entertainment – both from people who do take part and people who don’t.

G1_1 I’ll read out different types of gaming that are available. Include gaming at home and elsewhere. For each type, please tell me whether or not you have done that activity in the last 12 months.

G1 In the last 12 months, have you...?

[FOR EACH ANSWERED 1, IMMEDIATELY ASK G2]

G2  [Showcard G2](#)

Looking at Showcard G2, please tell me about how often you do that. Just call out whichever number fits you best.

		G1				G2										
		Yes	No	DK	Ref	Alm ost ever day	Mor e tha n onc wee k	Onc e wee k	Mor e tha n onc mth	Onc e mth	Onc e thre e mth	Less tha n onc y e ar	Less tha n onc y e ar	Don 'tkn use	Ref- er d	
a.	Placed a bet on a <u>horse or dog race</u> with the <u>New Zealand TAB</u>.	1	5	9	8	01	02	03	04	05	06	07	08	09	99	98
b.	Placed a bet on any <u>other sports event</u> with the <u>New Zealand TAB</u>.	1	5	9	8	01	02	03	04	05	06	07	08	09	99	98
c.	Bought an Instant Kiwi or scratch ticket.	1	5	9	8	01	02	03	04	05	06	07	08	09	99	98
d.	Bought a Lotto, Strike,	1	5	9	8	01	02	03	04	05	06	07	08	09	99	98

	Powerball or Big Wednesday ticket		
e.	Bought a Keno or Bullseye ticket.	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98
f.	Played gaming machines, or pokies, at a pub or club. ① ie. not in a casino.	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98
g	Played gaming machines, or pokies, at one of the six casinos. ① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown.	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98
h	Played table games, such as card games or dice, at one of the six casinos. ① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98
i	Played Houseie or Bingo for money.	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98
j	Played a game for money on a mobile phone.	1 5 9 8	01 02 03 04 05 06 07 08 09 99 98

IF ANY OF G1 A–E=1 THEN ASK G3, OTHERWISE GO TO G4

G3 Thinking about the New Zealand Lotto and/or TAB tickets you bought, did you buy any of those over the internet?

- Yes..... 1
- No..... 5
- Don't know..... 9
- Refused 8

G4  **Showcard G4**

Please look at Showcard G4. In the last 12 months, have you bet any money, bought any tickets or paid to do any of these activities online through an overseas website for money or prizes?

① Do not include placing a bet through a NZ TAB account, buying a ticket through a NZ MyLotto account, spending money to download games onto your PC, purchasing game software, or doing any of the activities on the Showcard for free.

Multiple responses allowed.

Placed a bet on a horse or dog race online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]

Placed a bet on a sports event online through an overseas TAB, bookie or betting exchange [NOT through a NZ TAB account]

Placed a bet on an event through an overseas website, for example, an election result or TV show

Played Internet poker

Played other online casino games such as blackjack, roulette, etc

Played Internet bingo

Played skill games online such as chess, scrabble, mah-jong, bridge, backgammon, etc

Bought an overseas lottery, lotto or keno ticket online [NOT through a NZ MyLotto account]

Placed a bet on a virtual race or sports event

Participated in any other gambling or lottery activity (for example, online gaming machines or instant games) online through an overseas website for money (specify in G12a)

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF G4 = 5, DK OR REF GO TO G6
OTHERWISE GO TO G5

G5  **Showcard G5**

Looking at Showcard G5, please tell me about how often you do these activities on overseas websites. Just call out whichever number fits you best.

① If respondent has taken part in more than one activity, answer for the activity that they do most frequently.

- Almost every day 01
- More than once a week 02
- Once a week 03
- More than once a month 04
- Once a month 05
- Once every three months 06
- Less than once every three months 07
- Once a year 08

Less than once a year.....	09
Don't know.....	99
Refused	98

G6 In the last 12 months have you participated in any other types of gambling, for example bought any raffle tickets, gone to a casino fundraising evening, sweepstakes with friends or colleagues, or bets with family or friends on card games or the like?

Yes.....	1
No.....	5
Don't know.....	9
Refused	8

[IF G6=1 GO TO G7, OTHERWISE GO TO CHECK BEFORE G8]

G7  Showcard G5

Looking at Showcard G5, please tell me about how often you do these other types of gambling. Just call out whichever number fits you best.

① If respondent has taken part in more than one activity, answer for the activity that they do most frequently.

Almost every day	01
More than once a week	02
Once a week.....	03
More than once a month	04
Once a month.....	05
Once every three months	06
Less than once every three months.....	07
Once a year	08
Less frequently than once a year	09
Don't know.....	99
Refused	98

[IF ANY G1, G4, G6=1 THEN GAMBLER]

G8 **Showcard G8**

Looking at the activities listed on Showcard G8, do you think any of these activities is socially undesirable?

If necessary – By socially undesirable I mean that you wouldn't want this activity in your community.

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF G8=1 GO TO G9.
OTHERWISE GO TO CHECK BEFORE G10_INTRO.

G9 **Showcard G8**

Can you say which please?

① Multiple response allowed.

- Housie or Bingo01
- Betting on horse or dog races.....02
- Betting on sports events.03
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets04
- Bullseye tickets.....05
- Gaming machines or pokies at a pub or club.....06
- Gaming machines or pokies at one of the six casinos07
- Table games, such as card games or dice,
at one of the six casinos.....08
- Mobile phone games for money.....09
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising.....11
- Making money bets with family or friends, for things such as
card games or sweepstakes12
- Other (specify in G27a) 13
- All of them.....14
- Don't know99
- Refused98

G9a **What is that 'other activity'?**

G10_I **We would like to find out what people understand happens in the life of a person, household or community when a person gambles too much**

G10 **Can you describe any signs that a person is gambling at a harmful level?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF G10 = 1 GO TO G11.
OTHERWISE GO TO G12.

G11 **What are those signs please?**

① Probe and record word-for-word.

G12  **Showcard G12**

Looking at showcard G12, how much do you agree or disagree with this statement:

I prefer to drink in pubs or bars that do not have pokie machines

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

G13  **Showcard G12**

Thinking over your lifetime, looking at Showcard G12 how much do you agree or disagree with this statement:

Someone else's gambling has had a serious impact on me

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

[IF GAMBLER ASK G14, OTHERWISE GO TO G25]

G14 **Over the last 12 months, have you had a day, or an outing, where at the end of it you looked back and thought to yourself - I really overdid that. I spent more time or money gambling than I meant to?**

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G14 = 1 GO TO G15.
OTHERWISE GO TO G16.

G15  **Showcard G15**

Looking at Showcard G15, which type of gambling did this happen most often with?

 **Single response only.**

- Housie or Bingo01
- Betting on horse or dog races.....02
- Betting on sports events.03
- Lotto, Keno, Strike, Powerball, Big Wednesday,
Instant Kiwi or scratch tickets04
- Bullseye tickets.....05
- Gaming machines or pokies at a pub or club.....06
- Gaming machines or pokies at one of the six casinos07
- Table games, such as card games or dice,
at one of the six casinos.....08
- Mobile phone games for money.....09
- Internet games, such as Internet poker for money10
- Going to a gaming or casino evening, or buying a raffle ticket
for fund raising.....11
- Making money bets with family or friends, for things such as
card games or sweepstakes12

Other (specify in G31a)	13
Don't know.....	99
Refused	98

G15a **What is that 'other activity'?**

G16  **Showcard G16**

Thinking about the last 12 months, how often have you bet more than you could really afford to lose? Would you say never, sometimes, most of the time or almost always?

Never.....	1
Sometimes	2
Most of the time	3
Almost always	4
Don't know.....	9
Refused	8

G17  **Showcard G16**

Thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling or excitement?

Never.....	1
Sometimes	2
Most of the time	3
Almost always	4
Don't know.....	9
Refused	8

G18  **Showcard G16**

Thinking about the last 12 months, how often have you gone back another day to try and win back the money you lost?

Never.....	1
Sometimes	2
Most of the time	3
Almost always	4
Don't know.....	9
Refused	8

G19  **Showcard G16**

Thinking about the last 12 months, how often have you borrowed money or sold anything to get money to gamble?

Never.....	1
Sometimes	2
Most of the time	3
Almost always	4
Don't know.....	9

Refused 8

G20  **Showcard G16**

Thinking about the last 12 months, how often have you felt that you might have a problem with gambling?

- Never..... 1
- Sometimes 2
- Most of the time 3
- Almost always 4
- Don't know..... 9
- Refused 8

G21  **Showcard G17**

Thinking about the last 12 months, how often have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?

- Never..... 1
- Sometimes 2
- Most of the time 3
- Almost always 4
- Don't know..... 9
- Refused 8

G22  **Showcard G17**

Thinking about the last 12 months, how often have you felt guilty about the way you gamble or what happens when you gamble?

- Never..... 1
- Sometimes 2
- Most of the time 3
- Almost always 4
- Don't know..... 9
- Refused 8

G23  **Showcard G17**

Thinking about the last 12 months, how often has gambling caused you any health problems, including stress or anxiety?

- Never..... 1
- Sometimes 2
- Most of the time 3
- Almost always 4
- Don't know..... 9
- Refused 8

G24  **Showcard G17**

Thinking about the last 12 months, how often has your gambling caused any financial problems for you or your household?

- Never..... 1
- Sometimes 2
- Most of the time 3
- Almost always 4
- Don't know..... 9
- Refused 8

G25 **Over the last 12 months, do you feel that someone close to you, like a friend, family member, or partner, has had a day or occasion where they spent much more time or money than they meant to, on gambling? You don't need to say who.**

- Yes..... 1
- No..... 5
- Don't know..... 9
- Refused 8

G26 **During the last 12 months, have any of these happened in your wider family or household, whether or not you were part of it?**

Some argument about time or money spent on betting or gambling...

- Yes..... 1
- No..... 5
- Don't know..... 9
- Refused 8

G27 **During the last 12 months, have any of these happened in your wider family or household, whether or not you were part of it?**

Someone had to go without something they needed, or some bills weren't paid, because too much was spent on gambling by another person...

- Yes..... 1
- No..... 5
- Don't know..... 9
- Refused 8

G28 **Do you know what you could do to help a friend or family member who was gambling too much?**

- Yes..... 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G28 = 1 GO TO G29.
OTHERWISE GO TO G30.

G29 **Can you tell me what that is please?**

① Do not read. Probe, multiple response allowed.

- Tell them to get help/help them seek professional advice 1
- Ring/direct them to helpline..... 2
- Get medical help 3
- Cut off/control their money for them..... 4
- Help them with money management/budgeting/setting limits 5
- Don't bail them out/don't lend them money 6
- Stop/discourage gambling/limit access to gambling venues 7
- Offer alternative activities/sports..... 8
- Give them brochures/show ads/expose them to other gamblers' experiences 9
- Talk to them/make them aware of dangers/open discussion/confront them 10
- Be supportive/listen to them/spend time with them 11
- Exercise tough love/discipline them/let them bear the consequences 12
- Pray for them/invite them to church..... 13
- Involve family/friends 14
- Other, please specify..... 15

G30 ** Showcard G30**

Please look at Showcard G30. Before today which of these types of services had you heard of to help people who gamble too much?

① **Multiple response allowed.**

0800 telephone helpline	01
Face-to-face counselling	02
Internet site – self-help	03
Support groups	04
Help from a GP, practice nurse or other health professional	05
National Debtline	06
Other (specify in G50a)	77
None	00
Don't know	99
Refused	98

G30a **What is that 'other service'?**

[IF GAMBLER ASK G31, OTHERWISE GO TO G32]

G31  **Showcard G31**

Please look at Showcard G31. Which of these ways have you used to avoid gambling too much in the past twelve months?

① **Multiple response allowed. Probe: any others?**

None/I haven't had to	00
Setting a dollar figure before starting	01
Getting someone you trust to manage the money	02
Separating money for betting from other money	03
Leaving ATM and credit Showcards at home	04
Setting a time limit	05
Avoiding places that have betting or gambling as an attraction	06
Stopped gambling	07
Stopped gambling for a period of time	08
Have yourself excluded from a gambling venue	09
Block or restrict times on gambling websites on your computer	10
Keep busy with other activities or with family or friends	11
Other (specify in G61a)	97
Don't know	99
Refused	98

G31a **What is that 'other way'?**

G32  **Showcard G32**

Looking at showcard G32, how much do you agree or disagree with this statement: Pokie machines make a pub or bar more enjoyable to spend time at.

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

G33 During the last 12 months, has your family or household talked about the dangers of gambling or the harm it can cause?

- Yes 1
- No 5
- Don't know 9
- Refused 8

G34 Do you think the level of services available in New Zealand, to prevent people gambling too much is too high, about right, or too low?

- Too high 1
- About right 2
- Too low 3
- Don't know 9
- Refused 8

G35  Showcard G35

Looking at Showcard G35. How concerned are you about the level of gambling in your community?

- Not at all concerned 1
- A little concerned 2
- Somewhat concerned 3
- Very concerned 4
- Don't know 9
- Refused 8

G36  Showcard G36

Looking at Showcard G36 [insert Choice not Chance imagery], Have you seen or heard any advertising about gambling harm featuring the phrase "Choice not Chance"

- Yes 1
- No 5
- Don't know 9
- Refused 8

G37 In the last three months, have you seen or heard any advertising, or noticed any leaflets or posters that explain how gambling might harm you, your family or friends, and what you can do about it?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

IF G37 = 1 GO TO G38
OTHERWISE GO TO G24.

G38  **Showcard G38**

Please look at Showcard G38. Which of these types of advertising or information was that?

 **Multiple response allowed.**

- Television 01
- Radio 02
- National Newspapers..... 03
- Community Newspapers..... 04
- The Internet 05
- Signs or billboards 06
- Leaflets or posters..... 07
- Logos on clothing or other gear 08
- Other (specify in G23a) 97
- Don't know..... 99
- Refused 98

G38a What is that 'other advertising'?

[PARENT/CAREGIVER] GO TO F PART 1 - F_INTRO.
OTHERWISE GO TO S_INTRO

SECTION F PART 1: FOOD AND DRINKS

[F_INTRO] The next questions are about food and drinks.

F1a  **Showcard F1a**

Looking at showcard F1a. How often do you have juice from concentrate, powder or cordials available in your home? This includes what is in your cupboard, fridge, or bought to drink at home?

- Available every day 1
- 5 or 6 days a week..... 2
- 3 or 4 days a week..... 3
- 1 or 2 days a week..... 4

1 to 3 times a month.....	5
Less than once a month	6
Never available	7
Don't know.....	99
Refused	98

F1: I want you to think about ALL the foods and drinks that XXX eats. I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if XXX eats or drinks it twice a day.

You answer 1 if XXX never eats or drinks it.

I'll ask you to say about how often XXX eats or drinks each, this includes when he/she isn't at home.

① READ EACH DESCRIPTOR - enter reply for each.

① Assist with scale if needed.

① Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. e.g. from tap, cooler, or bottle. Hot or cold	08	07	06	05	04	03	02	01	99	98
2	Sausages or processed meats including luncheon, saveloys salami, canned corned beef, ham, bacon	08	07	06	05	04	03	02	01	99	98
3	Flavoured milk including milkshakes	08	07	06	05	04	03	02	01	99	98
4	Flavoured water	08	07	06	05	04	03	02	01	99	98
5	Fruit – Any fruit including fresh, tinned, frozen or dried, cooked or raw	08	07	06	05	04	03	02	01	99	98
6	Vegetables – Any vegetables including fresh, tinned, frozen, , salads, mixed vegetable dishes, cooked or raw	08	07	06	05	04	03	02	01	99	98
7	Fried chicken or chicken nuggets	08	07	06	05	04	03	02	01	99	98
8	Fried or battered fish or shellfish	08	07	06	05	04	03	02	01	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
	including those brought at a fish and chips store										
9	Fried potatoes – including hot potato or kumara chips, French Fries, wedges, hash browns	08	07	06	05	04	03	02	01	99	98
10	Fruit juice	08	07	06	05	04	03	02	01	99	98
11	Standard silver or dark blue top milk, or milk powder	08	07	06	05	04	03	02	01	99	98
12	Full sugar drinks, including, soft drinks, fizzy drinks, sports, energy drinks	08	07	06	05	04	03	02	01	99	98
13	Juice from concentrate, powder or cordials	08	07	06	05	04	03	02	01	99	98
14	Reduced fat milk and or milk powder eg, light blue, green, yellow, [interviewer note: this doesn't include soy]	08	07	06	05	04	03	02	01	99	98
15	Pies and Pastries including all savoury and sweet pies, potato top, pasties, sausage rolls, quiche with pastry	08	07	06	05	04	03	02	01	99	98
16	Potato or corn chippies or crisps	08	07	06	05	04	03	02	01	99	98
17	Sweets, lollies, chocolates, confectionary	08	07	06	05	04	03	02	01	99	98
18	Cakes and Muffins, including all cakes and muffins, slices, scones, donuts, cake bars,	08	07	06	05	04	03	02	01	99	98
19	Biscuits or crackers, including sweet biscuits, plain, chocolate coated, fruit filled, cream filled	08	07	06	05	04	03	02	01	99	98
20	Snack bars, including muesli bars, wholemeal fruit bars, puffed cereal bars, nut and seed bars.	08	07	06	05	04	03	02	01	99	98
21	Breakfast cereals, all types including muesli, wheat biscuits, porridge, puffed flakes	08	07	06	05	04	03	02	01	99	98

SECTION S: SUN SAFETY

S_INTRO Our next set of questions are about spending time in the sun.

S1  **Showcard S1**

Looking at Showcard S1 [insert image of Sun Protection Alert], this is called the Sun Protection Alert, have you seen this image before?

① Once respondent has answered, close Showcard book before continuing to next question.

- Yes 1
- No 5
- Don't know 9
- Refused 8

[IF ANSWERED YES TO S1 THEN ASK S2]

S2 **What was the Sun Protection Alert trying to tell you?**

Multiple response allowed. Do not read out.


- The length of time it will take to burn 1
- The strength of the sun's (UV) rays 2
- How dangerous the sun is 3
- When to protect from the sun/unsafe times to be in the sun 4
- Safe times to be in the sun 5
- To cover up 6
- The risk of getting sunburnt 7
- Sun protection factor of sunscreens 8
- How hot or cold it is that day 9
- To use sunscreen 10
- Can get burnt on cloudy days 11
- Times to stay in the shade 12
- To reapply sunscreen 13
- To be unsafe/protect from the sun 14
- Other (please specify) 77
- Don't know 99
- Refused 98

- S3 **Do you like to get a sun tan?**
 ① **DO NOT READ OUT.**
 Yes 1
 No, don't like to get a sun tan..... 5
 No, already dark-skinned 7
 Don't know 9
 Refused 8

- S4 **Did you make any attempts to get a sun tan last summer?**
 ① **DO NOT READ OUT.**
 Yes 1
 No, didn't make any attempts 5
 No, already dark-skinned 7
 Don't know 9
 Refused 8

- S5 **Have you used a sunbed in the past 12 months?**
 Yes 1
 No..... 5
 Don't know..... 9
 Refused 8

[IF S5=1 THEN ASK S6, OTHERWISE GO TO S7]

- S6  **Showcard S6**
How often do you use a sunbed?
 Daily 1
 More than once a week 2
 Once a week..... 3
 Once every two weeks 4
 About once a month 5
 Once every 2-3 months..... 6
 Less often than every 2 or 3 months 7
 Don't know..... 9
 Refused 8

- S7 **Have you applied a fake tan in the past 12 months?**
 Yes 1
 No..... 5
 Don't know..... 9
 Refused 8

- S8  **Showcard S8**

We are interested in all skin types so we can understand how likely people are to burn. Looking at Showcard S8, how would you describe your natural, untanned skin colour at the end of winter?

① If respondent has recently returned from an overseas holiday and has a tan, they should answer with their skin type before going on holiday.

Very fair - always burning, never tan, sensitive to sun exposure; may have red hair, freckles	01
Fair - burns easily, tans a little; fair skinned, may have blue, green or grey eyes	02
Medium - burns moderately, tans slowly to light brown	03
Olive - burns a little, always tans to mid-brown; olive skin	04
Dark - burns rarely, tans to dark brown; brown skin	05
Very dark - rarely burns; dark brown skin	06
Black	07
Other (specify in S5a)	08
Don't know	99
Refused	98

S8a What is that 'other skin colour'?

S9 The next question is about the last New Zealand spring and summer. By this I mean September 2011 to February 2012. During that time, how many times did you get sunburnt? By sunburnt here, I mean that you got blisters or were in pain for two or more days.

① Record number. If none, record '0'.

Don't know – 99

Refused - 98

S10 Over that same time, how many times did you get sunburnt? By sunburnt here, I mean reddening or soreness of the skin after being in the sun.

[IF S6>0] Do not include the times you got blisters or were in pain for two or more days.

① Record number. If none, record '0'.

Don't know – 99

Refused - 98

S11 **What are the things you do, if anything, to protect yourself from getting sunburnt?**

① **DO NOT READ OUT. Multiple response allowed! Probe fully: What other things?**

① **A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.**

Cover up with clothing	01
Wear a hat.....	02
Wear sunglasses.....	03
Wear a rash shirt.....	04
Wear sunscreen	05
Reapply sunscreen regularly	06
Reapply sunscreen at least every two hours	07
Seek shade / stay in the shade.....	08
Plan outdoor activities outside of the peak sun times of 10-4	09
Take extra care between 10am and 4pm / hottest part of the day	10
Slip, Slop, Slap	11
Slip, Slop, Slap and Wrap	12
Have a tan	13
Apply a fake tan	14
Other (specify in S11a).....	96
Nothing	97
Don't know.....	99
Refused	98

[PARENT/CAREGIVER] GO TO S12.

OTHERWISE GO TO S16.

S12 **📖 Showcard S8**

Thinking now about Xxx's skin type and looking at Showcard S8, how would you describe the natural, untanned skin colour of Xxx at the end of winter?

① **If Xxx has recently returned from an overseas holiday and has a tan, they should answer with their skin type before going on holiday.**

Very fair - always burning, never tan, sensitive to sun exposure; may have red hair, freckles	01
Fair - burns easily, tans a little; fair skinned, may have blue, green or grey eyes	02
Medium - burns moderately, tans slowly to light brown	03
Olive - burns a little, always tans to mid-brown; olive skin	04
Dark - burns rarely, tans to dark brown; brown skin	05
Very dark - rarely burns, dark brown skin.....	06
Black	07
Other (specify in S8a).....	08
Don't know.....	99
Refused	98

S12a **What is that 'other skin colour'?**

--

S13 **The next question is about last summer. This time I mean December 2011 to February 2012. During that time, did Xxx get sunburnt while you were looking after her/him? By sunburnt here, I mean that she/he got blisters or was in pain for two or more days.**

- Yes 1
- No 5
- Don't know 9
- Refused 8

IF S13 = 1 GO TO S15. OTHERWISE GO TO S14.

S14 **And over that same time, did Xxx get sunburnt at all? By sunburnt, I mean any amount of reddening or soreness of the skin after being in the sun?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

S15 What are the things you and Xxx do, if anything, to protect Xxx from getting sunburnt?

① DO NOT READ OUT.

Multiple response allowed!

Probe fully: What other things?

A rash shirt is a lycra t-shirt worn for extra sun protection, especially when swimming.

Cover up with clothing	01
Wear a hat.....	02
Wear sunglasses.....	03
Wear a rash shirt.....	04
Wear sunscreen	05
Reapply sunscreen regularly.....	06
Reapply sunscreen at least every two hours	
Seek shade / stay in the shade.....	07
Plan outdoor activities outside of the peak sun times of 10-4.....	08
Take extra care between 10am and 4pm / hottest part of the day	09
Slip, Slop, Slap	10
Slip, Slop, Slap and Wrap	11
Have a tan	12
Apply a fake tan	13
Other (specify in S11a).....	96
Nothing	97
Don't know.....	99
Refused	98

S15a What is that 'other thing'?

S16 Thinking about last spring and summer, that's September 2011 to February 2012, did you go to any daytime outdoor local council organised events?

① Note: these are New Zealand-based events. eg. concerts, fairs, sports events.

Yes.....	1
No.....	5
Don't know.....	9
Refused	8

IF S16 = 1 GO TO S17.
OTHERWISE GO TO S20.

S17 At any of these outdoor daytime events, can you recall...?

Sunscreen being provided by the event organiser or another organisation...

Yes.....	1
No.....	5

Don't know..... 9
Refused 8

S18 At any of these outdoor daytime events, can you recall...?

Temporary shade, such as umbrellas, sails or gazebos, being available...

Yes..... 1
No..... 5
Don't know..... 9
Refused 8

S19 At any of these outdoor daytime events, can you recall...?

Hearing sun safety reminders from the organisers...

Yes..... 1
No..... 5
Don't know..... 9
Refused 8

S20 In the past two years have you had a mole on your body checked by a doctor?

Yes..... 1
No..... 5
Don't know..... 9
Refused 8

SECTION A: ALCOHOL

A_INTRO I will now ask some questions about alcohol

A1 On how many days in the last month did you have an alcoholic drink of any kind?

① If you don't know exactly, an educated guess is okay.

If 15 or more days mentioned, check whether less than every day (code 8), or every day (code 9)

- I don't drink alcohol 0
- Not in the last month 1
- Once 2
- Twice 3
- 3 or 4 times, ie, between once a week and once a fortnight 4
- 5 or 6 ie, about every 5 or 6 days..... 5
- 7 to 10 ie, about every 3 or 4 days..... 6
- 11 to 15 ie, about every 2 days..... 7
- 15 but less than 30 ie, at least every second day – but not every day 8
- About 30, ie, every day 9
- Don't know 99
- Refused 98

[IF A1=1 GO TO A2, IF A1=0 GOT TO A5 OTHERWISE GO TO A3]

A2 Have you had a drink containing alcohol in the last year?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

[IF A2 ASKED GO TO A5]

[use showcard with images of standard drink]

A3 Showcard A3

“The next few questions are about times when you drank more than [6 / 5] alcoholic drinks on one occasion.

By one drink, I mean one standard drink, that is, one can or stubbie of beer, half a large bottle of beer, one small glass of wine or one nip of spirits. The showcard can help you estimate the number of standard drinks you have drunk. It shows some examples of the number of standard drinks in different alcoholic drinks.”

[for females:] How often did you have five or more drinks on one occasion in the last month?

[for males:] How often did you have six or more drinks on one occasion in the last month?

① By 'last month' we mean in the last 30 days, or approximately the last four weeks.

Not in the last month.....	1
Once	2
Twice	3
3 or 4 times, ie, between once a week and once a fortnight.....	4
5 or 6 ie, about every 5 or 6 days.....	5
7 to 10 ie, about every 3 or 4 days.....	6
11 to 15 ie, about every 2 days.....	7
15 but less than 30 ie, at least every second day – but not every day	8
About 30, ie, every day	9
Don't know	99
Refused	98

[IF A3=1 THEN GO TO A5, OTHERWISE GO TO A4]

[use showcard with images of standard drink]

A4 **[for females:] How often did you have nine or more drinks on one occasion in the last month?**
[for males:] How often did you have eleven or more drinks on one occasion in the last month?

Not in the last month.....	1
Once	2
Twice	3
3 or 4 times, ie, between once a week and once a fortnight.....	4
5 or 6 ie, about every 5 or 6 days.....	5
7 to 10 ie, about every 3 or 4 days.....	6
11 to 15 ie, about every 2 days.....	7
15 but less than 30 ie, at least every second day – but not every day	8
About 30, ie, every day	9
Don't know	99
Refused	98

I will now ask you some questions about the sale and advertising of alcohol.

A5  **Showcard A5**

Looking at Card A5, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use.

Reducing the hours when alcohol can be sold...

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A6  **Showcard A5**

Looking at Card A5, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use.

Banning alcohol advertising or promotion...

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A7  **Showcard A5**

Looking at Card A5, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use.

Increasing the restrictions on alcohol advertising or promotion that is seen or heard by people under 18 years of age...

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A8  **Showcard A5**

Looking at Card A5, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use.

Banning alcohol-related sponsorship of events...

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A9  **Showcard A5**

Looking at Showcard A5, please tell me how much you would support or oppose the following changes, if they were made to help reduce the problems associated with alcohol use.

Banning alcohol-related sponsorship of events that people under the age of 18 may attend...

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

A10 **Do you think the number of places where alcohol can be bought in your local area is too few, about right, or too many?**

① Local area means local community, nearby suburbs, places you visit within your local area, shopping areas, where schools are, etc.

- Too few 1
- About right..... 2
- Too many 3
- Don't know..... 9
- Refused 8

A11  **Showcard A11**

In the past three months, please identify anywhere you have seen or heard any advertising or promotion for alcohol. Please say all that apply from Showcard A11.

① Multiple response allowed.

- On TV..... 01
- On the radio 02
- On outdoor billboards..... 03
- On buses or trains 04

At bus stops and train stations	05
Via mobile phone or personal digital assistant PDA device	06
On the internet – include advertising banners, social networking sites, tweets, blogs, etc	07
Electronic ‘junk mail’ or SPAM via email	08
In magazines or newspapers.....	09
Letter box ‘junk mail’ (leaflets/brochures)	10
At sporting, music or cultural events	11
At cafes, restaurants, bars, pubs, clubs	12
At the supermarket.....	13
At the shopping mall/shops	14
On the side of a truck.....	15
Somewhere else (specify in A11a)	96
You haven’t seen any advertising or promotion for alcohol	97
Don't know/unsure.....	99
Refused	98

A11a **What is that other place?**

A12  **Showcard A12**

Looking at Showcard A12, please tell me how much you would support or oppose the following change, if it were made to help reduce the problems associated with alcohol use.

Raising the minimum age for buying alcohol to 20 years...

Strongly support.....	1
Support.....	2
Neither support nor oppose	3
Oppose	4
Strongly oppose	5
Don’t know.....	9
Refused	8

A13  **Showcard A13**

In the last month have you experienced an injury requiring medical treatment with any of the services on Showcard A13? [GP; Physio; ED; Hospital Admission involving overnight stay]

Yes	1
No.....	5
Don’t know.....	9
Refused	8

[IF ANSWERED YES TO A13 THEN ASK A14,

A14  **Showcard A14**

Considering your most recent injury, which service treated you first?

- GP 1
- Physio 2
- Emergency Department (ED) 3
- Overnight Hospital admission 4
- Other [please specify] 5
- Don't know 9
- Refused 8

A15 **Was Alcohol consumed in the 6 hours immediately before that injury occurred?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

A16 **Did you receive ACC Weekly Compensation for that injury?**

- Yes 1
- No 5
- Don't know 9
- Refused 8

SECTION F PART 2: FOOD AND DRINKS

[PARENT/CAREGIVER] GO TO F2_INTRO1.
OTHERWISE GO TO F2_INTRO2

[F2_INTRO1] Now I want you to think about all the foods and drinks that **YOU** eat. I'll show those foods and drinks again and ask you to say about how often **you** eat or drink each, **this includes when you aren't at home.**

[GO TO F2_1]

[F2_INTRO2] I want you to think about **ALL** the foods and drinks that **YOU** eat I'm going to show you a series of showcards, on the bottom is a picture of the type of food or drink we want to ask you about. At the top are the options for your answer. You can use any answer option, from 1 to 8.

You would answer 8 if you eat or drink it twice a day.

You answer 1 if you **never** eat or drink it.

I'll ask you to say about how often **you** eat or drink each, **this includes when you aren't at home.**

- ① READ EACH DESCRIPTOR - enter reply for each.
- ① Assist with scale if needed.
- ① Enter reply for each (DK and Ref are allowed).

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
1	Water – unflavoured. e.g. from tap, cooler, or bottle. Hot or cold	08	07	06	05	04	03	02	01	99	98
2	Sausages or processed meats including luncheon, saveloys salami, canned corned beef, ham, bacon	08	07	06	05	04	03	02	01	99	98
3	Flavoured milk including milkshakes	08	07	06	05	04	03	02	01	99	98
4	Flavoured water	08	07	06	05	04	03	02	01	99	98
5	Fruit – All fruit including fresh, tinned, frozen or dried, cooked or raw	08	07	06	05	04	03	02	01	99	98
6	Vegetables – All vegetables including fresh, tinned, frozen, , salads, mixed vegetable dishes, cooked or raw	08	07	06	05	04	03	02	01	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
7	Fried chicken or chicken nuggets	08	07	06	05	04	03	02	01	99	98
8	Fried or battered fish or shellfish including those brought at a fish and chips store	08	07	06	05	04	03	02	01	99	98
9	Fried potatoes – including hot potato or kumara chips, French Fries, wedges, hash browns	08	07	06	05	04	03	02	01	99	98
10	Fruit juice	08	07	06	05	04	03	02	01	99	98
11	Standard silver or dark blue top milk, or milk powder	08	07	06	05	04	03	02	01	99	98
12	Full sugar drinks, including, soft drinks, fizzy drinks, sports, energy drinks	08	07	06	05	04	03	02	01	99	98
13	Juice from concentrate, powder or cordials	08	07	06	05	04	03	02	01	99	98
14	Reduced fat milk and or milk powder eg, light blue, green, yellow, [interviewer note: this doesn't include soy]	08	07	06	05	04	03	02	01	99	98
15	Pies and Pastries including all savoury and sweet pies, potato top, pasties, sausage rolls, quiche with pastry	08	07	06	05	04	03	02	01	99	98
16	Potato or corn chippies or crisps	08	07	06	05	04	03	02	01	99	98
17	Sweets, lollies, chocolates, confectionary	08	07	06	05	04	03	02	01	99	98
18	Cakes and Muffins, including all cakes and muffins, slices, scones, donuts, cake bars,	08	07	06	05	04	03	02	01	99	98
19	Biscuits or crackers, including sweet biscuits, plain, chocolate coated, fruit filled, cream filled	08	07	06	05	04	03	02	01	99	98
20	Snack bars, including muesli bars, wholemeal fruit bars, puffed cereal bars, nut and seed bars.	08	07	06	05	04	03	02	01	99	98
21	Breakfast cereals, all types including muesli, wheat biscuits,	08	07	06	05	04	03	02	01	99	98

		Twice a day or more often	Once a day	5 or 6 days a week	3 or 4 days a week	1 or 2 days a week	1 to 3 times a month	Less than once a month	Never	Don't know	Refused
	porridge, puffed flakes										

SECTION P: PHYSICAL ACTIVITY

I'm now going to ask you some questions about physical activity.

P1 **Are you more or less active than you were about one year ago?**

- More active 1
- About the same..... 2
- Less active 3
- Don't know..... 9
- Refused 8

P2  **Showcard P2**

Would you say that you are physically more active, less active, or about as active as the typical person your age?

- A lot more active 1
- A little more active..... 2
- About as active..... 3
- A little less active 4
- A lot less active 5
- Don't know..... 9
- Refused 8

P3_INTRO I'm now going to ask you about the time you spent being **physically active** in the last 7 days, from last XXX to yesterday. Do not include activity undertaken today.

By 'active' I mean doing anything using your muscles. Think about activities at work, school or home, getting from place to place, and any activities you did for exercise, sport, recreation or leisure.

I will ask you separately about brisk walking, moderate activities, and vigorous activities.

P3 **During the last 7 days, on how many days did you walk at a brisk pace – a brisk pace is a pace at which you are breathing harder than normal? This includes walking at work, walking to travel from place to place, and any other walking that you did solely for recreation, sport, exercise or leisure.**

Think *only* about walking done for at least 10 minutes at a time.

- _____ days per week
- Don't know..... 9
- Refused 8

[If P3=0, 9, 8 GO TO P5]

P4 How much time did you typically spend walking at a brisk pace on each of those days?

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused 8

P5  Showcard P5

During the last 7 days, on how many days did you do moderate physical activities? 'Moderate' activities make you breathe harder than normal, but only a little – like carrying light loads, bicycling at a regular pace, or other activities like those on Showcard P5. Do not include walking of any kind.

Think only about those physical activities done for at least 10 minutes at a time.

If none enter 0

Activities shown on P5 are examples and does not exclude other activities respondent may feel fall into this category

Activities on Showcard P5 and P7 are interchangeable. If a respondent defines an activity as being moderate, even though it is on Showcard P7 (Vigorous Physical Activity) it must be included in P5.

_____ days per week

Don't know..... 9

Refused 8

[If P5=0, 9, 8 GO TO P7]

P6 How much time did you typically spend on each of those days doing moderate physical activities? [Record]

 Interview to confirm: "so that was x hours and x mins on each of those days?"

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused 8

P7  Showcard P7

During the last 7 days, on how many days did you do vigorous physical activities? 'Vigorous' activities make you breathe a lot harder than normal ('huff and puff') – like heavy lifting, digging, aerobics, fast bicycling, or other activities like those shown on Showcard P7.

Think only about those physical activities done for at least 10 minutes at a time.

If none enter 0

Activities shown on Showcard P7 are examples and does not exclude other activities being mentioned

Activities on Showcard P5 and P7 are interchangeable. If a respondent defines an activity as being vigorous, even though it is on Showcard P5 (Moderate Physical Activity) it must be included in P7.

_____ days per week

Don't know..... 9

Refused 8

[If P7=0, 9, 8 GO TO P9]

P8 How much time did you typically spend on each of those days doing vigorous physical activities? [Record]

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused 8

P9 Thinking about all your activities over the last 7 days (including brisk walking), on how many days did you engage in:

- at least 30 minutes of moderate activity (including brisk walking) that made you breathe a little harder than normal, OR
- at least 15 minutes of vigorous activity that made you breathe a lot harder than normal ('huff and puff')?

_____ days per week

Don't know..... 9

Refused 8

[IF P9>0 ASK P10, OTHERWISE P13]

P10 Do you have a coach or personal trainer for sport or other physical activity?

Yes..... 1

No..... 5

Don't know..... 9

Refused 8

P11  **Showcard P11**

'Warming up' prepares the body for physical activity, it can include light exercise, sport-specific exercises, stretching and even psychological preparation.

How often do you warm-up before you exercise?

- It's part of my normal routine..... 1
- When a coach/personal trainer tells me to 2
- When others suggest it or are doing it 3
- Hardly ever..... 4
- Never..... 5
- Other [please specify] 6
- Don't know..... 9
- Refused 8

[IF P11 ≠ 1 ASK P12, OTHERWISE P13]

P12 **What might make you warm up more often before you exercise?**

[multiple response, do not read out]

- Having more time 1
- Being with someone else 2
- Being on my own 3
- If someone showed/told me how..... 4
- If I thought it would benefit me..... 5
- If I was injured..... 6
- If it made me feel better 7
- Other [please specify] 8
- Don't know..... 99
- Refused 98

[PARENT/CAREGIVER ASK P13, OTHERWISE GOTO FOOD PART 3_INTRO]

P13 **During the last 7 days, how much time did xxx spend playing/practising sport outside of school hours overall? Sport is a competitive team or individual physical activity.**

① Multiply the time spent each day by 7 to get a total figure for the week.

_____ hours _____ minutes

- Don't know/Can't remember..... 9
- Refused 8

P14 **Now thinking about other exercise activities (such as dance, gym, walking for fitness) During the last 7 days, how much time did xxx spend on these outside of school hours?**

① Multiply the time spent each day by 7 to get a total figure for the week.

_____ hours _____ minutes

Don't know/Can't remember..... 9

Refused 8

SECTION F PART 3: FOOD AND DRINKS

One more section on food and drinks, this section includes questions about your meals, grocery shopping and your opinions

[IF F2_12 = 8 ASK F3 OTHERWISE GO TO CHECK BEFORE F4]

**F3 How many times a day do you usually drink:
Full sugar drinks, including, soft drinks, fizzy drinks, sports, energy drinks**

_____ Enter number of times.
[PARENT/CAREGIVER GO TO F4 OTHERWISE GO TO F5]

F4 How many times in the past seven days did XXX eat breakfast?
_____ [Enter number from 0 to 7]

F5 How many times in the past seven days did you eat breakfast?
_____ [Enter number from 0 to 7]

[IF F5=7 GO TO F7_INTRO]

F6 On days you didn't eat breakfast, can you please give me one main reason why?
① Multiple response allowed. Do not read out.

- Slept late 1
- Only had enough time to do my hair and/or my make-up 2
- I don't like to eat in the morning 3
- Watching my weight 4
- Don't like to eat before I exercise 5
- No one else in the household eats breakfast 6
- The extra sleep is more important 7
- Don't want to have to use the toilet at work/school. 8
- No one made it for me 9
- I have to get up too early to eat 10
- I was unwell 11
- I didn't have time/too busy 12
- I didn't feel like it 13
- Other: _____ 77
- Don't know 99
- Refused 98

F7_INTRO The next few questions are about the food you eat between meals ie, outside of breakfast, lunch and dinner, for these questions I'm going to use the term 'snacking' to refer to this kind of eating.

- F7 How many times a day do you snack between meals?**
- I never eat anything outside of breakfast lunch and dinner 0
 - Less than once a day 97
 - _____ Enter number of times.
 - Don't know 99
 - Refused 98


[IF F7=0 GO TO F9 OTHERWISE GO TO F8]

- F8 How many times a day do you buy a snack, or snacks to eat that day?**
- Never, I already have snacks on hand..... 0
 - _____ [enter number of times]
 - Less than once a day 1
 - Don't know 99
 - Refused 98

[PARENT/CAREGIVER GO TO F9 OTHERWISE GO TO F11]

- F9 How many times a day does xxx snack between meals?**
- They never eat anything outside of breakfast lunch and dinner 0
 - Less than once a day 97
 - _____ Enter number of times.
 - Don't know 99
 - Refused 98

[IF F9=0 THEN GO TO F11, OTHERWISE F10]

- F10  Showcard F10**
- Regardless of where he/she eats them, how many of XXX's snacks come from home?**
- All of them..... 4
 - Most of them 3
 - Some of them..... 2
 - None of them 1
 - Don't know 99
 - Refused 98

F11 How many times in the past seven days has your main meal of the day been prepared at home?

① If asked, 'main meal' means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.

① If part of the meal is takeaways eg, bought hot chips to have with meal at home, then this is 'prepared at home'

_____ [Enter number from 0 to 7]
Don't know..... 9
Refused 8

[IF PARENT/CAREGIVER AND F11 =1 ASK F12A] [IF PARENT/CAREGIVER AND F11> 1 ASK F12B] [IF F11=0 GO TO F14] [OTHERWISE GO TO F13_INTRO]

F12a Was XXX involved in helping to prepare that meal?

Yes..... 1
No..... 5
Don't know..... 9
Refused 8

F12b On how many of those days was XXX involved in helping to prepare that meal?

_____ [Enter number from 0 to F11 response]
Don't know..... 9
Refused 8

F13_INTRO Non-starchy vegetables usually include the bright colourful ones like carrots, peas and broccoli, and green leafy, and salad vegetables, but do not include potatoes, kumara, or taro. Thinking again about the meals prepared at home in the past week.

[IF F11=1 ASK F13a] [IF F11>1 ASK F13b]
--

F13a Do you think non-starchy vegetables made at least half of the meal?

① this includes raw and cooked, hot and cold vegetables and salad.

Yes..... 1
No..... 5
Don't know..... 9
Refused 8

F13b **In how many of these [answer from F11] meals do you think non-starchy vegetables made up about half of the meal?**
 ⓘ **this includes raw and cooked, hot and cold vegetables and salad.**
 _____ [Enter number from 0 to F11 response]
 Don't know..... 9
 Refused 8

F14  **Showcard F14**

Which of these statements best describes your planning when buying what you eat?

- I plan what I'm going to eat before going to the shop to buy groceries 1
- I plan what I'm going to eat when I am at the shop buying groceries 2
- I don't plan what I'm going to eat until after the groceries have been bought from the shop. 3
- I don't buy much food at the shops 4
- None of these/something else..... 5
- Don't know..... 9
- Refused 8

F15  **Showcard F15**

Which of these statements best describes how you plan your main meal each day?

- I plan my main meal more than a day in advance 1
- I plan my main meal the night before..... 2
- I plan my main meal when I get up in the morning 3
- I plan my main meal at mealtimes..... 4
- I plan my main meal when I get hungry..... 5
- I don't plan my main meal, I just eat what is given to me. 6
- Don't know..... 9
- Refused 8

F16  **Showcard F16**

Looking at card F16, how much do you agree or disagree with the following statement
“I often find I don’t have the right food to make a meal at home”

① Once respondent has answered, close Showcard book before continuing to next question.

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don’t know..... 9
- Refused 8

F17 **How much money does your household usually spend each week on food and drinks bought from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers’ markets?**

① Note if main household shop is done fortnightly or monthly then divide appropriately. Amount should be given to the nearest dollar.

Don’t know – 9999 Refused - 9998

IF F17 = DK OR REF GO TO F18
 OTHERWISE GO TO F19

F18  **Showcard F18**

In that case, would you be able to tell me how much your household usually spends each week on food and drinks from the supermarket, the green grocer, fruit and vegetable shops or markets, or farmers’ markets, using Card F18?

- \$1 - \$50 01
- \$51 - \$100 02
- \$101 - \$150 03
- \$151 - \$200 04
- \$201 - \$250 05
- \$251 - \$300 06
- \$301 - \$350 07
- \$351 - \$400 08
- \$401 or more 09
- Don’t know..... 99
- Refused 98

F19 **How much money does your household usually spend each week on food and drinks bought anywhere else, for example, at a dairy, petrol station, takeaway outlet, foodcourt, café or pub?**

IF F19 = DK OR REF GO TO F20.
OTHERWISE GO TO F21.

F20  **Showcard F18**

In that case, would you be able to tell me how much your household usually spends each week on food and drinks bought anywhere else, using Card F18?

① Include food bought at a dairy, petrol station, takeaway outlet, foodcourt, café or pub.

- \$1 - \$50 01
- \$51 - \$100 02
- \$101 - \$150 03
- \$151 - \$200 04
- \$201 - \$250 05
- \$251 - \$300 06
- \$301 - \$350 07
- \$351 - \$400 08
- \$401 or more 09
- Don't know 99
- Refused 98

[PARENT/CAREGIVER ASK F21, OTHERWISE GO TO F22]
[IF F1_12 & F2_12 BOTH ≠ 1 GO TO F21, OTHERWISE F22]

F21  **Showcard F21**

Looking at card F21, how much do you agree or disagree with the following statement? 'I am confident that I could completely stop my family drinking full sugar drinks, including soft drinks, fizzy drinks, sports and energy drinks'

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

F22  **Showcard F22**

Please tell me in general terms how much you support or oppose:

The government funding ads to encourage people to eat healthy foods.

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know 9
- Refused 8

[PARENT/CAREGIVER ASK F23, OTHERWISE GO TO O_INTRO]

F23  **Showcard F22**

Please tell me in general terms how much you support or oppose:

The association of fastfood with children's sport, for example McDonalds sponsoring children's soccer.

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know 9
- Refused 8

F24  **Showcard F22**

Please tell me in general terms how much you support or oppose:

A ban on food advertising at times when children watch TV

- Strongly support..... 1
- Support..... 2
- Neither support nor oppose 3
- Oppose 4
- Strongly oppose 5
- Don't know..... 9
- Refused 8

[IF F24 = 3,4,5 GO TO F26]

F25 **What times would you choose to ban food advertising?**

Minimum of one time range required. Probe: any others?

From _____ [am/pm] to _____ [am/pm]

And

From _____ [am/pm] to _____ [am/pm]

And

From _____ [am/pm] to _____ [am/pm]

F26  **Showcard F26**

How much do you agree or disagree with the following statement:

“What my child eats affects his/her performance at school.”

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

F27

 **Showcard F26**

How much do you agree or disagree with the following statement:

“Health and nutrition education is less important than other subjects, such as Maths, Science or English”

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

F28

 **Showcard F28**

How important or unimportant do you think it is for your child's school to:

“limit access to high fat foods such as pies”

- Very important..... 1
- Important 2
- Neither important nor unimportant 3
- Unimportant 4
- Very unimportant..... 5
- Don't know..... 9
- Refused 8

SECTION O: OTHER PROGRAMME AREAS

O_INTRO We are getting towards the end of the interview now, this section has a variety of health and lifestyles related questions.

[PARENT/CAREGIVER ASK O1, OTHERWISE GO TO O3]

O1  **Showcard O1**
Which of the following best describes the vaccine history of xxx?

- They have received all recommended vaccines to date 1
- They have received some, but not all recommended vaccines 2
- They have not received any recommended vaccines 3
- Don't know..... 9
- Refused 8

O2 **What concerns do you have about recommended vaccines?**

ⓘ Do not read. Probe, multiple response allowed.

- None..... 0
- It is painful for children to receive so many shots during 1 doctor's visit 1
- My child getting too many vaccines in 1 doctor's visit 2
- Vaccines causing fevers in my child 3
- Children get too many vaccines during the first 2 years of life 4
- Vaccines may cause learning disabilities (such as autism) 5
- The ingredients in vaccines (what vaccines are made of) are unsafe..... 6
- Vaccines are given to children to prevent diseases that they are not likely to get 8
- Vaccines may cause chronic disease (such as diabetes, asthma, or immune system problems) 9
- Vaccines are not tested enough for safety 10
- My child will not be vaccinated on time because there are not enough of some vaccines 11
- Vaccines are given to children to prevent diseases that are not serious..... 12
- Other, please specify _____ 13
- Don't know..... 99
- Refused 98

O3 **Will you receive the flu vaccine, or fluvax this year?**

- I already have..... 1
- I will..... 2
- No..... 3
- I don't think so 4

Don't know.....	9
Refused	8

[IF O3 = 3 OR 4 THEN ASK O4, OTHERWISE ASK O5]

O4 Why don't you think you'll get the flu vaccine this year?

① Do not read. Probe, multiple response allowed.

It hurt	1
I still got sick.....	2
It costs too much.....	3
It's too hard for me to get to the Doctors to get it4	
It made me sick	5
Swine 'flu, h2n1 isn't around anymore.....	6
I'm not at risk	7
It's only 'flu it won't kill me.....	8
I don't want to put something like that in my body	9
I don't believe in vaccines	10
It will reduce my immunity	11
I have a condition that means I can't have it eg, Guillain-Barre syndrome	12
I'm afraid of needles	13
Other, please specify _____	96
Don't know.....	99
Refused	98

O5  Showcard O5

Are you eligible to get the flu vaccine for free?

① See Showcard O5 for eligibility criteria

Yes.....	1
No.....	5
Don't know.....	9
Refused	8

O6 Does your work pay for staff to get the flu vaccine?

- Yes 1
- No..... 5
- Don't work/doesn't apply 6
- Don't know..... 9
- Refused 8

O7 The Ministry of Health recommends that children should be breastfed, without other food, until they are six months old. Do you think six months is too long, just right, or too short?

- Too long 1
- Just right..... 2
- Too short 3
- It depends on the child 4
- Don't know..... 9
- Refused 8

O8  Showcard O8

Looking at Showcard O8, please tell me how much you agree or disagree with the following statement:

Mothers who breastfeed should do so in private places only...

- Strongly agree 1
- Agree..... 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know..... 9
- Refused 8

[IF FEMALE AGED 45-69 YEARS ASK O9,
OTHERWISE GO TO CHECK BEFORE O11]

O9 Have you ever had a mammogram?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

[If O9 = 5 ASK O10, OTHERWISE GO TO O11]

O10 Why haven't you had a mammogram?
① Do not read. Probe, multiple response allowed.

I've only just become eligible and haven't got around to it yet	1
The doctor hasn't recommended it	2
It costs too much.....	3
I can't get time off work for an appointment	4
The clinic is too far away.....	5
I don't think I'm at risk from breast cancer	6
I've heard it hurts.....	7
I've heard it's uncomfortable.....	8
I don't want to take my top off.....	9
I think they're unsafe	10
I'm pregnant.....	11
I don't have any lumps.....	12
I haven't reached menopause yet	13
I've had a hysterectomy.....	14
I'm on hormone replacement therapy	15
I don't want to know if I have breast cancer or not, I'd rather leave it to nature.....	16
I'm too embarrassed	17
Other, please specify _____	18
Don't know.....	99
Refused	98

[IF FEMALE AGED 20 TO 70 YEARS ASK, OTHERWISE GO TO O15]
--

O11 Have you ever had a cervical smear test?

Yes	1
No.....	5
Don't know.....	9
Refused	8

[IF O11 = 5 ASK O12, OTHERWISE GO TO O13]

O12 Why haven't you ever had a cervical smear test?
① Do not read. Probe, multiple response allowed.

I've never been sexually active	1
I've had the HPV vaccine.....	2
I don't have herpes	3
I don't like it	4
The doctor has never recommended it	5
It's too hard to get time off work to get an appointment	6
It costs too much.....	7

I've had a total hysterectomy	8
I'm homosexual.....	9
I don't trust doctors	10
The results might not mean anything.....	11
I'd prefer to leave it to nature	12
Other, please specify_____	13
Don't know.....	99
Refused	98

O13 Do you plan to have a cervical smear test in the next three years?

Yes.....	1
No.....	5
Don't know.....	9
Refused	8

[P/CG: IF O13=1 THEN TO GO CHECK BEFORE O15]
 [IF YES TO O11 AND NO TO O13 ASK O14, OTHERWISE GO TO CHECK BEFORE O15]

O14 Why don't you think you'll have a cervical smear test in the next three years?

① Do not read. Probe, multiple response allowed.

I'm too old, I'll no longer be eligible	1
I didn't like it last time	2
The doctor is already closely monitoring me for cancer.....	3
I no longer have herpes	4
It's too hard to get time off work to get an appointment	5
It costs too much.....	6
I've had a total hysterectomy	7
I haven't been sexually active for ages	8
I'm menopausal.....	9
I don't trust doctors	10
The results might not mean anything.....	11
I'd prefer to leave it to nature	12
Other, please specify_____	13
Don't know.....	99
Refused	98

[IF AGED 50-74 YEARS THEN ASK O15, OTHERWISE GO TO O16]

O15 About 1200 New Zealanders die each year from bowel cancer. The government is investigating whether to run a screening programme for bowel cancer. This might involve people in your age group using a kit to send a sample of your poo away to be tested. If blood was found in your sample you would be offered further tests to diagnose why.

Do you think you would participate if you were sent a kit?

- Yes 1
- No..... 5
- Don't know..... 9
- Refused 8

O16  **Showcard O16**

If one of your close friends was experiencing untreated depression how confident are you that you would be aware of this?

- Very confident..... 1
- Confident 2
- Somewhat confident..... 3
- Not at all confident 4
- Don't know..... 9
- Refused 8

O17 **What are some ways to treat depression?**

① Do not read. Probe, multiple response allowed.

- Regular exercise 1
- Seeing a Doctor 2
- Seeing a therapist/counsellor 3
- Ringling a helpline 4
- Meditation, yoga, massage, or acupuncture 5
- Emailing/texting/chatting to internet help service 6
- Internet help program 7
- Avoid alcohol..... 8
- Keep in touch with friends 9
- Keeping busy 10
- Spending time with positive people 11
- Support from friends or family 12
- Having someone to listen 13
- Trying new things 14
- Natural supplements like St John's Wort..... 15
- Other 16
- Don't know..... 99
- Refused 98

I'm going to read out some statements, looking at Showcard O18 could you please tell me how much you agree or disagree with each statement:

O18  **Showcard O18**

The last twelve months have been among the most difficult times of my life

- Strongly agree 1
- Agree..... 2

Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

O19  **Showcard O18**

I make an effort to see family or friends I don't live with

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

O20  **Showcard O18**

I can always rely on a friend or family member for support if I needed it

Strongly agree	1
Agree.....	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

O21  **Showcard O18**

Maintaining a strong connection to my culture is important to me

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- Don't know 9
- Refused 8

O22  **Showcard O22**

Looking at Card O22, in general, would you say that your health is excellent, very good, fair or poor?

- Excellent 1
- Very good 2
- Fair 3
- Poor 4
- [do not read out]
- Don't know 99
- Refused 98

[CAREGIVER GO TO O23, ADULT GO TO O25]

The following are a number of statements about your family please answer each as to how often it typically occurs in your home.

O23  **Showcard O23**

When you try to change XXX's behaviour how often does it work?

- Never 01
- Almost never 02
- Sometimes 03
- Often 04
- Always 05
- Don't know 06
- Refused 07

O24  **Showcard O23**

How often do you compliment Xxx after he/she has done something well

- Never..... 01
- Almost never 02
- Sometimes 03
- Often 04
- Always 05
- Don't know..... 06
- Refused 07

[IF FEMALE AGED 15-54 CHECK IF PREGNANT: IF YES - GO TO O26]

O25 **In the next step I will get you to enter your height and weight. I will not see this information myself.**

I am going to turn the laptop towards you. I would like you to use the keyboard to enter how much you think you weigh.

If you have a set of scales, I am happy to wait while you go and weigh yourself if you would prefer that.

 Kg

 Stone

 Pounds

- Don't know..... 99
- Refused 98

Once you have entered your weight please click next.

O26 **Please now use the keyboard to enter what you think your height is. You can enter in either centimetres or feet and inches.**

When you're done click next, and turn the computer back towards me.

 cm

 Feet

 Inches

- Don't know..... 99
- Refused 98

O27 **What do you think is a healthy weight for people your age, height and gender?**

 Check with respondent if weight reported is in kg or stone and pounds

_____ **Kg**
 _____ **Stone**
 _____ **Pounds**

Don't know..... 99
 Refused 98

O28  **Showcard O28**

Looking at the logo on Showcard O28, which of these statements represent what it means to you...

 **Multiple response allowed.**

It's been produced by a NZ Govt agency 1
 It's been paid for with taxpayers' dollars 2
 It's supported by the Govt. 3
 The state wants to tell you how to run your life 4
 The ad is a joke..... 5
 It's of national importance..... 6
 The government is watching you..... 7
 It's trustworthy 8
 It's important 9
 It confuses me 10
 None..... 11
 Other, please specify _____ 12
 Don't know..... 99
 Refused 98

I'm going to read out some statements, looking at Showcard O29 could you please tell me how much you agree or disagree with each statement:

O29  **Showcard O29**

Government messages are a waste of money

Strongly agree 1
 Agree..... 2
 Neither agree nor disagree 3
 Disagree 4
 Strongly disagree 5
 Don't know..... 9
 Refused 8

O30  **Showcard O29**

The government should do more to promote public health

Strongly agree 1
 Agree..... 2
 Neither agree nor disagree 3

Disagree	4
Strongly disagree	5
Don't know.....	9
Refused	8

SECTION X: DEMOGRAPHICS

[X_INTRO] This is the last section. The purpose of this section is to collect some general information about you and your household.

X1 Would you mind telling me what age you turned on your last birthday?

① Record age.

Don't know - 999

Refused - 998

X2  Showcard X2

Looking at Showcard X2, which ethnic group or groups do you belong to?

① If respondent answers with nationality rather than ethnicity, probe further and record ethnicity.

Multiple response allowed.

- New Zealand European..... 01
- Māori..... 02
- Samoan 03
- Cook Island Māori 04
- Tongan 05
- Niuean..... 06
- Chinese..... 07
- Indian 08
- Other (specify in X2a)..... 09
- Don't know..... 99
- Refused 98

X2a What other ethnic group or groups do you belong to?

X3 Were you born in New Zealand?

- Yes..... 1
- No..... 5
- Don't know 9
- Refused 8

IF X3 = 5 GO TO X4
OTHERWISE GO TO X5

X4 In what year did you arrive to live in New Zealand?

Don't know - 9999

Refused - 9998

X5  **Showcard X5**

Looking at Showcard X5, which best describes you at the moment?

① Employment is considered full-time when an employee works an average of 30 hours or more each week, in any or all of their jobs, this includes Self-Employed.

Working in paid employment includes students if they have any paid employment.

Working in paid employment: full time	01
Working in paid employment: part time	02
Not in paid work and looking for a job	03
Not in paid work, and not looking for a job: Student	04
Not in paid work and not looking for a job: Homemaker	05
Not in paid work and not looking for a job: Beneficiary	06
Not in paid work and not looking for a job: Retired	07
Other (specify in X6a).....	97
Don't know	99
Refused	98

X5a **What is that 'other description'?**

① Record. Ask whether paid or unpaid. If paid, ask whether full-time or part-time.

[IF X5=1 OR 2 GO TO X6 OTHERWISE GO TO X11]

X6  **Showcard X6**

Looking at Showcard X6, are you in any of these roles, you don't need to say which.

Senior local or central government official

Manager

Employer of fulltime staff

Teacher

Church leader

Cultural leader

Kaumātua

Academic

Lawyer

Industry leader/representative

Yes	1
No.....	5
Don't know	9
Refused	8

X7 **Do you work in the public health sector?**

Yes	1
No.....	5
Don't know	9
Refused	8

X8 **In your work, do you mostly sit down, about equal sitting down and moving around or move around?**

READ OUT

Sit down 1

About equal sitting down and moving around ... 2

Move around..... 3

DON'T READ OUT

Don't know..... 9

Refused 8

X9 **When you are working is most of your time spent indoors, about the same indoors and outdoors or outdoors?**

READ OUT

Indoors 1

About the same indoors and outdoors..... 2

Outdoors 3

DON'T READ OUT

Don't know..... 9

Refused 8

[IF X9=2 OR 3 ASK X10, OTHERWISE GO TO X11]

X10  **Showcard X10**

Looking at Showcard X10, are you provided with any of these types of sun protection when you are working outdoors?

① Multiple response allowed.

None..... 0

Sunscreen..... 1

Sunhat 2

Sunglasses 3

Shade..... 4

Don't Know 9

Refused 8

X11  **Showcard X11**

Looking at Showcard X11, can you please tell me the highest qualification you have?

① UE / University Entrance – check which year obtained re. answer option 3 or 5

No formal school qualification.....	01
NZ School Certificate in one or more subjects or National Certificate Level 1 or NCEA Level 1	02
NZ Sixth Form Certificate in one or more subjects or National Certificate Level 2 or NZ UE before 1986 in one or more subjects or NCEA Level 2.....	03
NZ Higher School Certificate or Higher Leaving Certificate	04
University Entrance 1986 onwards.....	05
Bursary/Scholarship or National Certificate Level 3 or NCEA Level 3 or NZ Scholarship Level 4.....	06
Other secondary school qualification gained in NZ (specify in X11a).....	07
Other secondary school qualification gained overseas	08
Trade or technical certificate e.g. builder	09
Professional qualification, for example, ACA, teachers, nurses	10
Undergraduate diploma.....	11
Bachelors degree, for example, BA, BSc	12
Postgraduate degree, for example Honours, Masters or PhD.....	13
Postgraduate diploma.....	14
Other (specify in X11b)	97
Don't know.....	99
Refused	98

X11a **What is that 'other NZ secondary school qualification'?**

X11b **What is that 'other qualification'?**

X12  **Showcard X12**

Looking at Showcard X12, and thinking about the people in your household, who do you usually live with?

① If needed: We are interested in people in different living situations.

Multiple response allowed.

Live alone	01
Partner / husband / wife.....	02
Mother	03
Father	04
Grandparents	05
Brother / sister	06
Aunt / Uncle	07
Own children (including step children, foster, whangai).....	08

Grandson / granddaughter	09
Niece / nephew	10
Cousins	11
Others' children (eg belong to someone else in household).....	12
Other family	13
Friends.....	14
Flatmates	15
Other (specify in X8a).....	97
Don't know	99
Refused	98

X12a Who is that 'other person'?

IF X12 = 01 GO TO X15
 OTHERWISE GO TO X13

X13  Showcard X13

Looking at Showcard X13, and including yourself, **how many people in each age group usually live here in this house?**

① RECORD NUMBER. 'Usually' means the person lives in the house for four or more days per week.

	Age	Number	DK	Ref
a.	0 - 4 years		99	98
b.	5 - 7 years		99	98
c.	8 - 12 years		99	98
d.	13 - 14 years		99	98
e.	15 - 16 years		99	98
f.	17 years		99	98
g.	18 years and over		99	98

X14 So, including yourself, there are [TOTAL IN X13] people usually living in this house?

Yes..... 1

No..... 5 [CORRECT X13 IF NO]

X15  Showcard X15

Looking at Showcard X15, what is the total income that your household got from all sources, before tax or anything was taken out of it, in the last 12 months? Please call out the number on the right of Showcard X15, that comes closest to the group your household comes into.

Less than \$5,000 01

\$5,001 - \$10,000 02

\$10,001 - \$15,000	03
\$15,001 - \$20,000	04
\$20,001 - \$25,000	05
\$25,001 - \$30,000	06
\$30,001 - \$35,000	07
\$35,001 - \$40,000	8
\$40,001 - \$50,000	9
\$50,001 - \$60,000	10
\$60,001 - \$70,000	11
\$70,001 - \$80,000	12
\$80,001 - \$90,000	13
\$90,001 - \$100,000	14
\$100,001 - \$120,000	15
\$120,001 - \$150,000	16
\$150,001 or more	17
Don't know.....	99
Refused	98

IF X15 = DK, REF, GO TO X16
OTHERWISE GO TO THANKS

X16 **Well would you be able to confirm if your total household annual income is roughly in one of these groups?**

📢 READ OUT.

Less than \$20,000	1
\$20,001 - \$40,000	2
\$40,001 - \$60,000	3
\$60,001 - \$80,000	4
\$80,001 - \$100,000	5
Over \$100,000.....	6
Don't know.....	9
Refused	8

[THANKS] Thank you very much for answering these questions. Your answers will be very helpful in this study. There are just a few more questions and then we have finished. Any information you give me from now on will not be stored with your answers for the survey.

SECTION R: RECONTACT

R1ask **Could I please get your mobile phone number. This is just so my Supervisor can call you to check my work, or to check you are happy with the way the interview was conducted.**

- Yes..... 1
- Don't have..... 3
- No 5
- Refused 8
- Don't know 9

IF R1ask = 1 GO TO R1
OTHERWISE GO TO R2ask

R1 **Could I have that number please?**

① **Enter phone number**

[IF R1ASK = 3 THEN ASK]

R2ask **Do you have a landline number my Supervisor can use instead?**

- Yes..... 1
- Don't have..... 3
- No 5
- Refused 8
- Don't know 9

IF R2ASK = 1 GO TO R2
OTHERWISE GO TO R3ASK

R2 **Could I have that number including the area code please?**

① **Enter phone number**

R3ask **Do you have an email address, in case we cannot contact you by telephone?**

- Yes..... 1
- No 5
- Refused 8
- Don't know 9

IF R3ASK = 1 GO TO R3
OTHERWISE GO TO R4

R3 **Could I have that email address?**

📧 Enter email address.

R4 **Would you be happy to be contacted within the next 2 years about the possibility of answering other health questions on behalf of the Health Sponsorship Council? Saying yes to this question won't commit you, it just means they can contact you to ask if you would like to participate again.**

- Yes, you can contact me and ask if I want to help again.... 1
- No, don't contact me again 5
- Don't know/unsure 9
- Refused 8

IF R4 = 1 GO TO R5
OTHERWISE GO TO LANG

R5 **Can I record your first name so the Health Sponsorship Council can make sure they're talking to the right person?**

- Yes..... 1
- No5
- Don't know99
- Refused98

R7 **What is your first name?**

- Don't know 99
- Refused 98

[THANKSAGAIN] That's all the questions I have to ask you. Thanks again for helping with the survey.

LANG

What level of language assistance, if any, was used for the interview?

① Interviewer to complete

None	1
The interviewer helped interpret questions into a language other than English.....	2
A friend/family member helped interpret into a language other than English.....	3
Official interpreter was used	4
Don't know	99
Refused	98