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LIST OF CHANGES FROM THE 2018 QUESTIONNAIRE

The following questions were not included in the 2018 HLS, but used for the first time in 2020 (question numbers refer to the 2020 questionnaire):

| Section | Questions |
|---------------------------------------|---|
| B: Introduction | B1, B6 |
| W: Wellbeing | W5, W6, W7, W8, W9, W11, W12, W13, W14 |
| M: Mental Health | M11 ¹ |
| C: Māori Culture and Connectedness | C1, C5 |
| T: Smoking | T12, T13, T15, T18 ² |
| V: Vaping | V3, V5, V6, V7 |
| G: Gambling | G20i, G20j, G20k, G32 ² |
| S: Skin Cancer Prevention | |
| F: Food and Drinks | F7, F15 |
| D: Demographics | D6 ² , D12a, D12b, D12c, D13 |

The following questions were used in the 2018 HLS but the wording was revised in 2020 (question numbers refer to the 2020 questionnaire):

| Section | Questions |
|-----------------|-----------|
| B: Introduction | B2 |
| W: Wellbeing | |

 $^{^{\}rm 1}$ This question was worded as "felt isolated from others" in the 2014 and 2016 survey $^{\rm 2}$ This question was also in the 2016 survey

| M: Mental Health | M15, M16 |
|---------------------------------------|---|
| C: Māori Culture and Connectedness | |
| T: Smoking | T5, T8, T11, T19, T20 |
| V: Vaping | V1_I, V2, V4, V8, V9, V10_I, V10 |
| G: Gambling | G1a, G1b, G2a, G2b, G5c, G5d, G7, G9e, G10, G12, G13, G15f, G15g, G16h, G17h, G19, G22l, G22m, G22n, G22o, G36, G37 |
| S: Skin Cancer Prevention | S1 ³ , S2, S3, S4, S5a, S5b S8, S9 |
| F: Food and Drinks | F3, F5, F6, F8, F10, F11, F12, F13, F14, F16 |
| D: Demographics | D3, D4, D5, D7, D8, D9, D11 |

The following questions were asked in 2018 but **removed** from the 2020 HLS questionnaire. This was in order to reduce respondent burden (question numbers refer to the 2018 HLS):

| Section | Questions |
|---|---|
| B: Introduction | B7, B8, B9, B10, B11, B12 |
| W: Wellbeing | |
| L: Lifestyle Factors | L1, L2, L3, L4, L5, L6 |
| M: Mental Health, Wellbeing and Connectedness | M11, M12, M15, M24, M29 |
| C: Child/Family Health | C1, C2, C3, C4, C5, C7, C8, C9, C10, C11, C12 |
| H: General Health | H2, H3, H4 |
| T: Smoking | T13, T14, T15, T16, T17, T18, T19 |

 $^{^{\}rm 3}$ Different image used than in previous years.

| V: Vaping | |
|----------------------------|---|
| G: Gambling | G5, G9, G10, G13, G15, G31, G32, G37, G38b, G38c, G39, G41 |
| S: Skin Cancer Prevention | S4, S9, S13 (PCG ⁴), S14 (PCG), S15 (PCG), S16 (PCG) |
| A: Alcohol | A1, A2a, A4, A5, A7, A9, A10, A11, A12, A13, A14 |
| F: Food and Drinks | F1 (PCG), F2 (PCG), F6, F10, F12, F15, F16, F19 ⁵ , F22, F23, F24 |
| P: Physical Activity (PCG) | P10, P11 |
| X: Demographics | X11 |

Questions that are available on Kupe, our online data explorer, are highlighted throughout the questionnaire. Additional indicators may be added in the future. More information on Kupe can be found at https://kupe.hpa.org.nz/

 $^{^4}$ PCG is parent/caregiver. The parent/caregiver questions were removed from the HLS 2020 questionnaire. 5 This question was combined into F18.

QUESTIONNAIRE

Section B: Introduction

B1_I

Thank you for agreeing to take part in this survey. It covers a number of topics relating to health and lifestyles. There are no right or wrong answers; we simply ask you about your wellbeing and daily life, such as sun safety and food, and what you think about certain topics, such as smoking and gambling.

| Everyone |
|--|
| B1 |
| Would you mind telling me what age you turned on |
| i Record age. |

Don't know – 999 Refused – 998

your last birthday?

IF B1=999 OR 998 GO TO B2 OTHERWISE GO TO B3

Those who did not provide an age at B1

Kupe

B2

☐ Showcard B2

Looking at the Showcard, which of these age groups do you belong to?

| 16–17 years | 1 |
|-------------|----|
| 18–19 years | 2 |
| 20–24 years | 3 |
| 25–34 years | |
| 35–44 years | 5 |
| 45–54 years | 6 |
| 55–64 years | 7 |
| 65–69 years | 8 |
| 70–74 years | 9 |
| 75+ years | 10 |
| Don't know | 99 |
| Refused | 98 |

Derived variable: age in years.

If B1 is not 999 or 998 use B1 age, otherwise impute with midpoint of age group in B2. Those that report age 75+; their age in years is the median age of all who are 75 years+ in the dataset.

| Everyone | |
|---|--|
| Kupe | |
| B3 | |
| □ Showcard B3 | |
| Looking at the Showcard, which ethnic group or groups do you belong to? | |
| Multiple responses allowed. | |
| Windiple responded diferred. | |
| New Zealand European1 | |
| Māori 2 | |
| Samoan3 | |
| Cook Island Māori 4 | |
| Tongan 5 | |
| Niuean6 | |
| Tokelauan7 | |
| Fijian 8 | |
| Tuvaluan9 | |
| Chinese 10 | |
| Indian11 | |
| Other – please specify12 | |
| Don't know99 | |
| Refused98 | |
| | |
| IF SCREENED MĀORI / PACIFIC HOUSE AND B3≠2–9, 12, 99 OR 98, GO TO B4 | |
| IF SCREENED PACIFIC ONLY HOUSE AND B3≠3-9, 12, 99 OR 98, GO TO B5 | |
| IF SCREENED MĀORI ONLY HOUSE AND B3≠2, 12, 99 OR 98, GO TO B6 | |
| OTHERWISE GO TO W1_I | |
| | |
| | |
| B4 | |
| Can I check, do you consider yourself to be Māori or Pasifika? When I first visited your household, I | |
| recorded that you considered yourself Māori and/or Pasifika. | |
| | |
| Yes – go back to last question and code all ethnic groups1 | |
| No 0 | |
| | |
| IF B4=1 GO TO B3, OTHERWISE GO TO B7 | |

B5

Can I check, do you consider yourself to be Pasifika? When I first visited your household, I recorded that you considered yourself Pasifika.

| Yes – go | back to | last ques | tion and | code all | ethnic (| groups1 |
|----------|---------|-----------|----------|----------|----------|---------|
| No | | | | | | 0 |

IF B5=1 GO TO B3, OTHERWISE GO TO B7

В6

Can I check, do you consider yourself to be Māori? When I first visited your household, I recorded that you considered yourself Māori.

| Yes – go back to last question and code all ethnic gro | ups1 |
|--|------|
| No | C |

IF B6=1 GO TO B3, OTHERWISE GO TO B7

В7

① This survey must be completed with someone of the correct screened ethnicity. Please terminate interview and contact survey management for assistance.

Section W: Wellbeing

W1_I

These next questions focus on how you feel about your life, and your health, at the moment.

Everyone

W1

☐ Showcard W1

In general, would you say that your health is excellent, very good, good, fair or poor?

| Excellent | 1 |
|------------|----|
| Very good | 2 |
| Good | 3 |
| Fair | 4 |
| Poor | 5 |
| Don't know | 99 |
| Refused | 98 |
| | |

W2_I

Using the Showcard, please tell me how much you agree or disagree with each statement; these focus on how you feel about your life overall.

Rotate W2 TO W11

Everyone

Kupe

W2

☐ Showcard W2

In general, I lead a purposeful and meaningful life.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Pofusod | ΩΩ |

Kupe

W3

☐ Showcard W3

My social relationships are supportive and rewarding.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

W4

☐ Showcard W4

I actively contribute to the happiness and wellbeing of others.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

W5

☐ Showcard W5

I am engaged and interested in my daily activities.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Kupe

W6

Showcard W6

I am competent and capable in the activities that are important to me.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

W7

Showcard W7

I am a good person and live a good life.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

W8

☐ Showcard W8

I am optimistic about my future.

(i) If respondent is unsure what optimistic means, can clarify: I feel good about my future.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Kupe

W9

☐ Showcard W9

People respect me.

| Strongly agree | 1 |
|----------------------------|------|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | Q.P. |

Everyone

Kupe

W10

☐ Showcard W10

Maintaining a strong connection to my culture is important to me.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone Kupe

W11

☐ Showcard W11

I am able to cope with the everyday stresses of life.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone Kupe

W12

☐ Showcard W12

Overall, how satisfied are you with life as a whole these days?

| Very satisfied | 1 |
|------------------------------------|----|
| Satisfied | 2 |
| Neither satisfied nor dissatisfied | 3 |
| Dissatisfied | 4 |
| Very dissatisfied | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

W13

☐ Showcard W13

In general, how well are your family or whanau doing these days?

- (i) Include all areas of life for your family or whānau.
- ① Your family or whānau is the group of people that <u>you</u> think of as your family or whānau.

| Very well | 1 |
|------------------------|----|
| Well | 2 |
| Neither well nor badly | 3 |
| Badly | 4 |
| Very badly | 5 |
| Don't know | 99 |
| Refused | 98 |

IF W13=1-5 GO TO W14 OTHERWISE GO TO M1_I

Everyone who answered 1–5 in the question above

Kupe

W14

☐ Showcard W14

Compared to 12 months ago, overall, would you say that things are currently better, worse or about the same for your family or whānau?

| Better | 1 |
|----------------|----|
| Worse | 2 |
| About the same | 3 |
| Don't know | 99 |
| Refused | 98 |

Section M: Mental Health

M1 I

The following questions ask about how you have been feeling over the past four weeks specifically. Please give your answers using the Showcard.

Everyone

M1

☐ Showcard M1

In the past 4 weeks, about how often did you feel tired out for no good reason?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |
| | |

Everyone

M2

Showcard M2

In the past 4 weeks, about how often did you feel nervous?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

IF M2=2-5 GO TO M3 OTHERWISE GO TO M4

Felt nervous, M2 = 2-5

М3

☐ Showcard M3

In the past 4 weeks, about how often did you feel so nervous that nothing could calm you down?

| None of the time | 1 |
|----------------------|---|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know9 | 9 |
| Refused 9 | R |

M4

☐ Showcard M4

In the past 4 weeks, about how often did you feel hopeless?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

M5

☐ Showcard M5

In the past 4 weeks, about how often did you feel restless or fidgety?

| None of the time | . 1 |
|----------------------|-----|
| A little of the time | . 2 |
| Some of the time | . 3 |
| Most of the time | . 4 |
| All of the time | . 5 |
| Don't know | 99 |
| Refused | 98 |

IF M5=2-5 GO TO M6 OTHERWISE GO TO M7

Felt restless, M5 = 2-5

M6

☐ Showcard M6

In the past 4 weeks, about how often did you feel so restless you could not sit still?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

M7

☐ Showcard M7

In the past 4 weeks, about how often did you feel depressed?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | ٩R |

Everyone

M8

☐ Showcard M8

In the past 4 weeks, about how often did you feel that everything was an effort?

| None of the time | 1 |
|----------------------|------|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | . 99 |
| Refused | . 98 |

Everyone

M9

Showcard M9

In the past 4 weeks, about how often did you feel so sad that nothing could cheer you up?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

M10

☐ Showcard M10

In the past 4 weeks, about how often did you feel worthless?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

M11

☐ Showcard M11

In the past 4 weeks, about how often have you felt lonely?

| None of the time | 1 |
|----------------------|----|
| A little of the time | 2 |
| Some of the time | 3 |
| Most of the time | 4 |
| All of the time | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

M12

Has anyone you know ever told you that they have experienced mental illness?
① Do not include yourself.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Kupe

M13

Have you ever personally had an experience of mental illness?

- (i) If respondent is unsure if they've had an experience of mental illness, say "If you thought you might have had, or are perhaps currently having, mental health problems".
- ① This can include self-defined or diagnosed by a health professional.

| Yes | 1 |
|------------|----|
| No | O |
| Don't know | 99 |
| Refused | 98 |

IF M13=1 GO TO M14 OTHERWISE GO TO C1_I

M13 = Yes (experienced mental illness)

Kupe

M14

Do you believe you have ever been treated unfairly, or been discriminated against, because of your experience of mental illness?

| Yes | |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

IF M14=1 GO TO M15 OTHERWISE GO TO M16

M13 = Yes (experienced mental illness) and M14 = Yes (discriminated against)

Kupe

M15

☐ Showcard M15

Using the Showcard, can you please identify the settings where you were treated unfairly, or were discriminated against?

- ① Multiple responses allowed.
- ① This is for the setting, rather than a person. If the respondent identifies a person, probe for the setting.

| Workplace | 1 |
|--|----|
| Education, training | 2 |
| Housing | 3 |
| Health services | 4 |
| Government agencies, eg, Police, Courts, Work and Income, Oranga Tamariki, Child, Youth and Family (CYF) | 5 |
| Insurance | |
| Sports clubs, community clubs or groups | 7 |
| Family or whānau | 8 |
| Friends | 9 |
| Other – please specify | 10 |
| Don't know | 99 |
| Refused | 98 |

M13 = Yes (experienced mental illness)

M16

Have you ever avoided doing something because you were afraid of being discriminated against, because of your experience with mental illness?

| Yes | |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Section C: Māori Culture and Connectedness

Everyone

C1_I

These next questions are about connectedness to Māori culture.

Everyone

C1

Can I first ask, are you of Māori descent?

| Yes | |
|------------|----|
| No | C |
| Don't know | 99 |
| Refused | 98 |

IF B3=2 (MĀORI ETHNICITY) OR/AND C1=YES (MĀORI DESCENT) GO TO C2 OTHERWISE GO TO C1_O

Non-Māori respondents

C1_O

Thank you, that is the only question I need to ask in this section.

(i) For respondents who query why they are not asked the questions on connectedness to Māori culture, mention that only respondents who identify as Māori ethnicity or who are of Māori descent are asked these questions, as this section focuses specifically on Māori heritage.

GO TO T1 I

Māori respondents

Kupe

C2

Showcard C2

Thinking about your life as a whole, how important is it for you to be involved in, or to be a part of, Māori culture?

| Very important | 1 |
|----------------------|----|
| Quite important | 2 |
| Somewhat important | 3 |
| A little important | 4 |
| Not at all important | 5 |
| Don't know | 99 |
| Refused | 98 |

Māori respondents

C3

☐ Showcard C3

Which of these do you know? Please answer yes or no as I read each out to you:

| | | Yes | No | Don't know | Refused |
|---|----------------------------------|-----|----|---------------|---------|
| 1 | Your iwi or tribe | 1 | 0 | 99 | 98 |
| 2 | Your hapū or sub-tribe | 1 | 0 | 99 | 98 |
| 3 | Your maunga or mountain | 1 | 0 | 99 | 98 |
| 4 | Your awa, moana, river or water | 1 | 0 | 99 | 98 |
| 5 | Your waka or canoe | 1 | 0 | 99 | 98 |
| 6 | Your tīpuna, tūpuna or ancestors | 1 | 0 | 99 | 98 |

Māori respondents

C4

Have you ever been to any of your ancestral marae? By this, I mean a marae that your parents, grandparents, tīpuna or ancestors are from.

| Yes | |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Māori respondents Kupe

C5

☐ Showcard C5

Looking at the Showcard, which of these, if any, have you ever been enrolled in?

[C5=4 is UNIQUE]

① Multiple responses allowed.

| Kōhanga reo / Puna reo | 1 |
|--------------------------|----|
| Kura kaupapa / wharekura | 2 |
| Wānanga | 3 |
| None of these | 4 |
| Don't know | 99 |
| Refused | 98 |

Māori respondents
Kupe
C6

☐ Showcard C6
How well are you able to speak Te Reo Māori in day-to-day conversation?

| Very well – I can talk about almost anything in Te Reo Māori | 1 |
|--|----|
| Well – I can talk about many things in Te Reo Māori | 2 |
| Fairly well – I can talk about some things in Te Reo Māori | 3 |
| Not very well – I can only talk about simple / basic things in Te Reo Māori | 4 |
| No more than a few words or phrases | 5 |
| Don't know | 99 |
| Refused | 98 |

Section T: Smoking

| T1_I Now some questions on smoking cigarettes and tobacco. For these questions, please do not include use of e-cigarette or vaping devices. We will ask about those later. |
|--|
| Everyone Kupe T1 Have you ever smoked cigarettes or tobacco at all, even just a few puffs? This includes if you are currently smoking. Do not include e-cigarettes or vaping devices. |
| Yes1 |
| No |
| Don't know |
| Refused98 |
| Flag: Ever smoked T1=1 |
| |
| IF T1=1 GO TO T2 |
| OTHERWISE GO TO T12 |
| T1 (ever smoked) = Yes Kupe T2 At what age did you first try a cigarette, even just a few puffs? (i) Enter answer in years. If respondent doesn't know exactly, get their best estimate. [Range 1–97] Don't know – 99 Refused – 98 |
| T1 (ever smoked) = Yes T3 Did you ever smoke daily for at least a week? |
| Yes1 |
| No |
| Don't know99 |
| Refused98 |
| |
| IF T3=1 GO TO T4 |
| OTHERWISE GO TO T5 |

| T1 (ever smoked) = Yes and T3 = Yes |
|---|
| Kupe |
| T4 |
| At what age did you first start smoking daily? |
| [If T2=1–97, T4 must be=>than T2] |
| ① Enter answer in years. If respondent doesn't know exactly, get their best estimate. |
| |
| [Range 1–97] |
| Don't know – 99 Refused – 98 |
| T4 (same area to 1) Vice |
| T1 (ever smoked) = Yes |
| Kupe T5 |
| ☐ Showcard T5 |
| Looking at the Showcard, which best describes how often you smoke cigarettes now ? |
| |
| At least once a day1 |
| At least once a week2 |
| At least once a month3 |
| Less often than once a month4 |
| I do not smoke now5 |
| I was never a smoker6 |
| Don't know99 |
| Refused98 |
| |
| Flag: Ex-smoker T5=5 |
| Flag: Current smoker T5=1-3 |
| Flag: Daily smoker T5=1 |
| |
| IF T5=1–3 GO TO T6 |
| IF T5=5 GO TO T9 |
| OTHERWISE GO TO T12 |
| |
| |
| T1 (ever smoked) = Yes |
| and T5 = At least once a day / At least once a week / At least once a month (current |
| smoker) Kupe |
| T6 |
| On a typical day when you are smoking, about how many cigarettes do you smoke? |
| ① If respondent doesn't know exactly, get their best estimate. |
| |
| [Dange 4, 07] |
| [Range 1–97] |
| Don't know – 99 Refused – 98 |

IF T5=1 GO TO T7 OTHERWISE GO TO T8

| T1 (ever smoked) = Yes |
|--|
| and T5 = At least once a day (current daily smoker) |
| Kupe T7 |
| □ Showcard T7 |
| Looking at the Showcard, how soon after you wake up do you smoke your first cigarette? |
| |
| Within 5 minutes1 |
| 6 to 30 minutes2 |
| 31 minutes to 1 hour3 |
| More than 1 hour4 |
| Don't know99 |
| Refused98 |
| |
| T1 (ever smoked) = Yes |
| and T5 = At least once a day / At least once a week / At least once a month (current smoker) |
| T8 |
| ☐ Showcard T8 |
| Looking at the Showcard, which do you smoke the most? |
| |
| Tailor-made cigarettes1 |
| Roll your own using loose tobacco2 |
| Both tailor-made and roll your own 3 |
| Pipes4 |
| Cigars 5 |
| Don't know99 |
| Refused98 |

GO TO T10

| and T5 = I do not smoke now (ex-smoker) | |
|--|-------------|
| Kupe | |
| Т9 | |
| ☐ Showcard T9 | |
| Looking at the Showcard, how long ago did you stop smoking? | |
| | |
| Within the last month 1 | |
| 1 to 6 months ago2 | |
| 7 to 12 months ago | |
| 1 to 2 years ago4 | |
| 3 to 5 years ago 5 | |
| 6 to 10 years ago6 | |
| More than 10 years ago7 | |
| Not applicable – never started smoking 97 [NOT ON SHOWCA | ARD] |
| Don't know99 | |
| Refused98 | |
| IF TO 4 2 CO TO T40 | |
| IF T9=1–3 GO TO T10 | |
| OTHERWISE GO TO T12 | |
| | |
| Derived: Smoking Status | |
| Derived: Smoking Status | |
| T1 (ever smoked) = Yes | 4. (|
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month | th (current |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a mont | th (current |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a monts smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months | |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a monto smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe | |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. ① If none, record 0. | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. ① If none, record 0. | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. ① If none, record 0. | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. (i) If none, record 0. [IF T9=1-3, then T10 cannot be 0] [Range 0-97] | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. ① If none, record 0. [IF T9=1-3, then T10 cannot be 0] | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. (i) If none, record 0. [IF T9=1-3, then T10 cannot be 0] [Range 0-97] Don't know - 99 Refused - 98 | s ago |
| T1 (ever smoked) = Yes and T5 = At least once a day / At least once a week / At least once a month smoker) or T5 = I do not smoke now (ex-smoker) and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months Kupe T10 In the last 12 months, how many serious attempts to stop smoking did you make that or longer? Please include any attempt that you are currently making. (i) If none, record 0. [IF T9=1-3, then T10 cannot be 0] [Range 0-97] | s ago |

T1 (ever smoked) = Yes

and T5 = At least once a day / At least once a week / At least once a month (current smoker)

or T5 = I do not smoke now (stopped smoker)

and T9 = Within the last month / 1 to 6 months ago / 7 to 12 months ago Where T10 does not equal 0, 99, 98 (attempted to give up in last 12 months)

T11

Showcard T11

Looking at the Showcard, please identify any help, advice, programmes or products used to help you quit during your last quit attempt. Please say as many as apply.

[T11=15 is UNIQUE]

• Multiple responses allowed.

| Stop smoking service |
|--|
| Quitline1 |
| Local stop smoking service that provides individual face-to-face support2 |
| Device or medication |
| E-cigarette or vaping device3 |
| Nicotine Replacement Therapy (NRT)4 |
| Prescription stop smoking medication (not NRT)5 |
| Health professionals |
| Doctor, GP6 |
| Nurse7 |
| Other health professional, eg, midwife, community health worker, |
| dentist, pharmacist |
| Friends, family and others |
| Friend9 |
| Family, whānau10 |
| Other advisor not mentioned here11 |
| Other |
| Mobile phone apps12 |
| Information from official Internet sites, eg, Smokefree, Ministry of Health, |
| #QuitStrong, vapingfacts13 |
| Other – please specify14 |
| |
| None |
| I didn't use any support15 |
| Don't know99 |
| Refused98 |

Everyone

Kupe

T12

During the last 7 days, did anyone smoke inside your home while you were there? This does not include if you smoked inside your home, we are asking about other people.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Kupe

T13

During the last 7 days, did anyone smoke inside a car or van while you were in the vehicle? This does not include if you smoked inside a car or van, we are asking about other people.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

T14_I

Looking at the Showcard, whether or not you smoke, please tell me how much you agree or disagree with the following statements:

Everyone

Kupe

T14

Showcard T14

Smoking should be banned in all public outdoor dining areas.

① Public outdoor dining areas include bars, cafes, restaurants.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

T15

Showcard T15

Smoking should be banned in all outdoor transport waiting areas.

① Outdoor transport waiting areas refer to bus and train stations and stops, and outside airports.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Kupe

T16

☐ Showcard T16

The number of places allowed to sell cigarettes and tobacco should be reduced to make them less easily available.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

T17

☐ Showcard T17

The legal age of purchasing cigarettes and tobacco should be raised to 21 years and older.

① Adults 18 years and over can legally purchase tobacco and tobacco products in New Zealand.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |
| | |

Everyone

Kupe

T18

☐ Showcard T18

Being smokefree is part of the New Zealand way of life.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

| Kupe | | | |
|-------------------------|-------------------------------|---------------------------|---------------------------------------|
| T19 | | | |
| - | neard that the Governm 25? | nent has a goal of New Ze | aland becoming a smokefree country by |
| | Yes | | 1 |
| | No | | 0 |
| | Don't know | 9 | 99 |
| | Refused | 9 | 98 |
| Everyone Kupe T20 | | | |
| For the nex | t question we are looki | ng for your best guess. | |
| What perce | entage of New Zealand | ers aged 15 and over smo | oke cigarettes at least once a day? |
| | | Don't know – 999 | Refused – 998 |

Section V: Vaping

V1 |

The next questions are about e-cigarettes or vapes.

E-cigarettes are battery-powered devices that contain a liquid that is heated into a vapour, which a person inhales. They may contain nicotine, and may be flavoured. Some resemble pens, USB sticks, and other everyday items.

E-cigarettes do not include other devices such as 'heat-not-burn' devices, which heat, rather than burn tobacco.

Everyone

Kupe

V1

Have you ever tried an e-cigarette or vaping device?

① This includes if you are currently using an e-cigarette or vaping device.

| Yes | |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

IF V1=1 GO TO V2 OTHERWISE GO TO V8_I

If V1 = Yes (ever vaped)

Kupe

V2

☐ Showcard V2

Looking at the Showcard, which option best describes how often you vape now?

| At least once a day | 1 |
|------------------------------|----|
| At least once a week | 2 |
| At least once a month | 3 |
| Less often than once a month | 4 |
| Do not use one now | 5 |
| Don't know | 99 |
| Defused | 00 |

IF V2=1 GO TO V4 IF V2=2-5 GO TO V3 OTHERWISE GO TO V8_I

Derived variable: Vaping status, to be specified

| If $V2 = 2-5 = (vaped)$ At least once a week / At least once a month / Less often than once a month or Do not use one now $V3$ |
|--|
| Have you ever vaped daily for a month or more? |
| Yes1 |
| No0 |
| Don't know99 |
| Refused98 |
| IF V2=2–3 GO TO V4 |
| OTHERWISE GO TO V8_I |
| If V1 = Yes (ever vaped) and V2 = At least once a day / At least once a week / At least once a month (current vaper) |
| Kupe V4 |
| □ Showcard V4 |
| What is your main reason for vaping? Choose your answer from the Showcard. |
| To quit smoking1 |
| To cut down smoking2 |
| To use when I cannot or am not allowed to smoke 3 |
| To avoid returning to smoking4 |
| Because I enjoy(ed) it5 |
| Curiosity / just wanted to try them6 |
| Other reason – please specify7 |
| Don't know99 |
| Refused98 |
| If V1 = Yes (ever vaped) |
| and $V2 = At$ least once a day / At least once a week / At least once a month (current vaper) |
| Kupe |
| V5 ☐ Showcard V5 |
| |
| Thinking about the last time you vaped, what type of device did you use? |
| Device that looks like a tobacco cigarette1 |
| Pod or vape pen2 |
| Tank system or Mod3 |
| Other – please specify4 |
| Don't know99 |
| Refused98 |
| |

If V1 = Yes (ever vaped) and V2 = At least once a day / At least once a week / At least once a month (current **Kupe** V6 ☐ Showcard V6 Thinking about the last time you vaped, what flavour was it? Multiple responses allowed. Sweet 1 Savoury 2 Tobacco......3 Menthol / Mint......4 Other – please specify 5 If V1 = Yes (ever vaped) and V2 = At least once a day / At least once a week / At least once a month (current vaper) **Kupe** V7 Thinking about the e-cigarette or vaping device that you are currently using most often, does the vapour contain nicotine? Yes......1 Don't know.......99 Refused.......98 V8 I Looking at the Showcard, whether or not you smoke tobacco cigarettes, e-cigarettes or vaping devices, please tell me how much you agree or disagree with the following statements: **Everyone Kupe** V8 ☐ Showcard V8 Vaping is less harmful for your health than smoking cigarettes.

| Strongly agree | 1 |
|-----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| I don't know what vaping is | 6 |
| Don't know | 99 |
| Refused | 98 |

IF V8=6 GO TO V10_I OTHERWISE GO TO V9

V8 ≠ I don't know what vaping is

Kupe

V9

☐ Showcard V9

Vaping can help people quit smoking cigarettes.

| Strongly agree | 1 |
|----------------------------|----|
| Agree | 2 |
| Neither agree nor disagree | 3 |
| Disagree | 4 |
| Strongly disagree | 5 |
| Don't know | 99 |
| Refused | 98 |

V10 I

The last question in this section is about marijuana use. I am going to turn the laptop towards you. Please select the option that applies to you, and when you are finished, click next, and turn the computer back to me.

Everyone

Kupe

V10

During the last 30 days, have you smoked marijuana (cannabis, pot, grass, weed), even just a few puffs?

No

| I have never smoked marijuana | 1 |
|--|---|
| Not in the last 30 days, but I have smoked marijuana in the past | 2 |

Yes

| Once in the past 30 days | 3 |
|--|----|
| Two or three times in the past 30 days | 4 |
| About once a week | 5 |
| Several times a week | 6 |
| Almost every day | 7 |
| Don't know | 99 |
| Prefer not to say | 98 |

V10_END

Please pass the computer back to the interviewer, for the next set of questions.

Section G: Gambling

G1 I

The next section is about betting activities and games like lotto or TAB betting.

TAB: Tatalizator Agency Board, a racing and enerts betting agency.

① TAB: Totalisator Agency Board, a racing and sports betting agency.

Everyone

Kupe

G1

In the last 12 months, have you...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G2

If $G1_a$ or $G1_b = Yes$ (gamble – Instant Kiwi, Lotto, Strike, Powerball, Keno, Bullseye) Kupe

G2

Showcard G2

Looking at the Showcard, please tell me about how often you do that.

| | | G1 | | | G2 | | | | | |
|---|---|-----|----|----|-----|---|---|-------------------------------|------------|---------|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused |
| а | bought an Instant Kiwi? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |
| b | bought a Lotto, Strike, Powerball, Keno or Bullseye? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |

IF G1_a=1 OR G1_b=1 THEN ASK G3 OTHERWISE GO TO G4

If $G1_a$ or $G1_b = Yes$ (gamble – Instant Kiwi, Lotto, Strike, Powerball, Keno, Bullseye) Kupe

G3

In the last 12 months, did you buy any of these online, or by using the My Lotto mobile app? (Instant Kiwi, Lotto, Strike, Powerball, Keno or Bullseye).

| Yes | |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Kupe

G4

In the last 12 months, have you...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G5

If G4_c or G4_d = Yes (gamble - TAB)

Kupe

G5

☐ Showcard G5

Looking at the Showcard, please tell me about how often you do that.

| | | G4 | | | | G5 | | | | | |
|---|--|-----|----|----|-----|---|---|-------------------------------|---------------|---------|--|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused | |
| С | placed a bet on a horse or dog race with the New Zealand TAB? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | |
| d | placed a bet on any other sports event with the New Zealand TAB? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | |

IF G4_c OR G4_d=1 THEN ASK G6 OTHERWISE GO TO G8

If G4_c or G4_d = Yes (gamble - TAB)

Kupe

G6

In the last 12 months, did you place any of those **New Zealand TAB** racing or sports event bets **online**, or by using the **TAB mobile app?**

| Yes | 1 |
|------------|----|
| No | C |
| Don't know | 99 |
| Refused | 98 |

IF G6=1 GO TO G7 OTHERWISE GO TO G8

If G4_c or G4_d = Yes (gamble - TAB) and G6 = Yes (gamble - TAB online)

G7

Showcard G7

Looking at the Showcard, please tell me about how often you do that.

() (Placed a New Zealand TAB racing or sports event bet online, or by using the TAB mobile app).

| Every week or almost every week | . 1 |
|-----------------------------------|-----|
| Every month or almost every month | . 2 |
| Less often than monthly | . 3 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

G8

In the last 12 months, have you...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G9

If G8_e = Yes (gamble - gaming machines or pokies, pub or club)
Kupe
G9

Showcard G9

Looking at the Showcard, please tell me about how often you do that.

| | | G8 | | | | G 9 | | | | |
|---|--|-----|----|----|-----|---|---|-------------------------------|---------------|---------|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused |
| е | played gaming machines, or pokies, at a pub or club? i ie, not in a casino. | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |

IF G8_e=1 THEN ASK G10 OTHERWISE GO TO G13

If G8_e = Yes (gamble – gaming machines or pokies, pub or club) Kupe G10 Showcard G10 On average, how much do you spend in a session playing gaming machines or pokies, at a pub or club? \$25 or less...... 1 \$26 to \$50 2 More than \$50 3 If G8_e = Yes (gamble – gaming machines or pokies, pub or club) **Kupe** G11 When you have been at pokie venues, have you seen or noticed any information, to help someone who might have a problem with their gambling? Yes 1 If G8 e = Yes (gamble – gaming machines or pokies, pub or club) **Kupe** G12 Showcard G12 What interaction have you had with staff at pokie venues, when you have been there to gamble? Please answer from the Showcard. [G12=6 is UNIQUE] Multiple responses allowed. They know my name / recognise me1 They monitor the pokie room2 They have spoken to me with a concern about my gambling..............3 They have given me a leaflet on gambling support services4 I haven't had any interaction with staff......6 Don't know......99

Refused 98

G13

In the last 12 months, have you been to any of the six casinos in New Zealand?

① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

IF G13=1 THEN ASK G14 OTHERWISE GO TO G16

If G13 = Yes (been to a casino)

Kupe

G14

In the last 12 months, at any of the six casinos, have you...

① The six casinos are in Auckland, Hamilton, Christchurch, Dunedin, and two in Queenstown.

FOR EACH ANSWERED 1, IMMEDIATELY ASK G15

If G14_f or G14_g = Yes (gamble - casino)

Kupe

G15

☐ Showcard G15

Looking at the Showcard, please tell me about how often you do that.

| | | | G14 | | | | G15 | | | | | |
|---|--|-----|-----|----|-----|---|---|----------------------------------|---------------|---------|--|--|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused | | |
| f | played gaming machines, or pokies? (i) (At any of the six casinos). | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |
| g | played table games, such as card games or dice, or electronic table games such as money wheel? (i) (At any of the six casinos). | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |

Kupe

G16

Have you ever **spent money** in the last 12 months...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G17

If G16_h = Yes (gamble - online pokies)

G17

☐ Showcard G17

Looking at the Showcard, please tell me about how often you do that.

| | | G16 | | | | G17 | | | | | |
|---|---|-----|----|----|-----|--|---|-------------------------------|------------|---------|--|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused | |
| h | playing online pokies? () (For money). | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | |

IF G16_h=1 THEN ASK G18 OTHERWISE GO TO G19

If G16_h = Yes (gamble - online pokies)

G18

☐ Showcard G18

On average, how much do you spend on each occasion when you play online pokies?

| \$25 or less | 1 |
|----------------|----|
| \$26 to \$50 | 2 |
| More than \$50 | 3 |
| Don't know | 99 |
| Refused | 98 |

Kupe

G19

In the last 12 months, have you **spent money** through a **website**, on your **mobile phone**, or on a **gaming console**...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G20

If G19_i or G19_j or G19_k = Yes (gamble – online other)

G20

☐ Showcard G20

Looking at the Showcard, please tell me about how often you do that.

| | | | G | §19 | | | | G20 | | |
|---|--|-----|----|-----|-----|---|--|----------------------------------|---------------|---------|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused |
| i | playing online poker or other casino games such as blackjack or roulette? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |
| j | placing a sports bet online through an overseas website? (i) Do not include placing a bet through the NZ TAB. | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |
| k | on any other online betting, including overseas lotteries? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 |

Everyone Kupe

G21

In the last 12 months, have you...

FOR EACH ANSWERED 1, IMMEDIATELY ASK G22

If G21_I or G21_m or G21_n or G21_o = Yes

Kupe

G22

☐ Showcard G22

Looking at the Showcard, please tell me about how often you do that.

| | | | G21 | | | | G22 | | | | | |
|---|--|-----|-----|----|-----|---|---|-------------------------------|---------------|---------|--|--|
| | | Yes | No | DK | Ref | Every week or almost every week | Every month or almost every month | Less often than monthly | Don't know | Refused | | |
| I | played Housie or Bingo for money? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |
| m | bought a raffle ticket, or attended a casino fundraising evening? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |
| n | participated in sweepstakes for money, with your work mates, friends or family, on events such as the Melbourne Cup? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |
| О | made bets for money with family or friends, on activities such as card games? | 1 | 0 | 99 | 98 | 1 | 2 | 3 | 99 | 98 | | |

Flag:

IF ANY G1_a, G1_b, G4_c, G4_d, G8_e, G14_f, G14_g, G16_h, G19_i, G19_j, G19_k, G21_l, G21_m, G21_n OR G21_o=1 THEN **GAMBLER**

IF ANY G3, G6, G16_h, G19_i, G19_j, G19_k=1 THEN **ONLINE GAMBLER**

IF GAMBLER OR ONLINE GAMBLER GO TO G23 OTHERWISE GO TO G32

Gambler / Online gambler

Kupe

G23

☐ Showcard G23

Thinking about the last 12 months, how often have you bet more than you could really afford to lose? Would you say never, sometimes, most of the time, or almost always?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G24

☐ Showcard G24

Thinking about the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G25

☐ Showcard G25

Thinking about the last 12 months, how often have you gone back another day to try to win back the money you lost?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G26

☐ Showcard G26

Thinking about the last 12 months, how often have you borrowed money or sold anything to get money to gamble?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G27

☐ Showcard G27

Thinking about the last 12 months, how often have you felt that you might have a problem with gambling?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G28

☐ Showcard G28

Thinking about the last 12 months, how often have people criticised your betting, or told you that you had a gambling problem, regardless of whether or not you thought it was true?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G29

☐ Showcard G29

Thinking about the last 12 months, how often have you felt guilty about the way you gamble, or what happens when you gamble?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G30

Showcard G30

Thinking about the last 12 months, how often has gambling caused you any health problems, including stress or anxiety?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Gambler / Online gambler

Kupe

G31

☐ Showcard G31

Thinking about the last 12 months, how often has your gambling caused any financial problems for you or your household?

| Never | 1 |
|------------------|----|
| Sometimes | 2 |
| Most of the time | 3 |
| Almost always | 4 |
| Don't know | 99 |
| Refused | 98 |

Derived:

PGSI question scores

• never (score: 0)

• sometimes (score: 1)

• most of the time (score: 2)

• almost always (score: 3)

• don't know or refuse (score: 0)

PGSI score

Sum of questions G23 to G31, Minimum = 0 – Maximum = 27

PGSI risk

Non-problem gambler / online gambler - Score: 0

Low-risk gambler / online gambler - Score: 1-2

Moderate-risk gambler / online gambler - Score: 3-7

Problem gambler / online gambler - Score: 8 or above

Everyone

Kupe

G32

☐ Showcard G32

Do you think raising money through gambling does **more good than harm**, or **more harm than good**, in the community?

① Pause between components of the question, to allow the participant time to comprehend the question.

| Does more good than harm | 1 |
|--------------------------|----|
| Does equal good and harm | 2 |
| Does more harm than good | 3 |
| Don't know | 99 |
| Refused | 98 |

Kupe

G33

☐ Showcard G33

How concerned are you about the level of gambling in your community? Please choose your answer from the Showcard.

| Not at all concerned | 1 |
|----------------------|----|
| A little concerned | 2 |
| Somewhat concerned | 3 |
| Very concerned | 4 |
| Don't know | 99 |
| Refused | 98 |

Everyone

G34_I

In the last 12 months, have any of these ever happened in your wider family or household, whether or not you were part of it:

Everyone

Kupe

G34

An argument about time or money spent on betting or gambling.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

G35

Someone had to go without something they needed, or bills weren't paid, because too much was spent on gambling by **another person**.

① Pause between components of the question, to allow the participant time to comprehend the question.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

G36

☐ Showcard G36

Looking at the Showcard, in the last 12 months, have you accessed any of these, for yourself or for someone else?

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Showcard G36:

Helpline

0800 telephone helpline

Txt a helpline service

Counselling / treatment / health professional

Free counselling / treatment service

Private / paid treatment

Help from a GP, practice nurse or other health professional

Internet

Choice Not Chance website

Other Internet site / online - self-help

Support groups

Support groups

Gamblers anonymous

Community support

Māori health service

Pacific health service

Asian health service

Church or community leader

Citizens Advice Bureau

Salvation Army

G37

☐ Showcard G37

Looking at the Showcard, in the last 12 months, have you seen or heard any advertising or promotion for any of these gambling activities?

[G37=13 is UNIQUE]

Multiple responses allowed.

Lotto Lotto, Strike, Powerball, Keno or Bullseye1 Instant Kiwi2 **Betting** Horse or dog races......3 Sports events......4 Gaming machines or pokies At a pub or club5 At any of the six casinos......6 **Table games** Such as card games or dice, at one of the six casinos7 Internet Internet games, such as online poker, blackjack, bingo for money8 Online pokies......9 Other activities Fantasy / novelty betting (virtual sports or other events)10 Housie or Bingo11 Other – please specify......12 None I haven't seen any advertising or promotion for any of these13 Don't know......99 Refused98

Section S: Skin Cancer Prevention

S1 I

The next questions are about spending time in the sun.

Everyone

S1

☐ Showcard S1

Looking at the Showcard, have you seen this image before?

① If using paper Showcards: Once respondent has answered, close the Showcard book before continuing to next question.

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Showcard S1:



CURRENT UV LEVEL 10

Dangerous

Protection required:

Now - 5:30 PM

Even on cloudy days.

Data provided by NIWA

IF S1=1 GO TO S2 OTHERWISE GO TO S3

If S1 = Yes (seen image)

S2

What do you think the previous image was telling you?

- ① Multiple responses allowed.
- (i) Do not read out.

| The length of time it will take to burn | |
|---|----|
| The strength of the sun's (UV) rays | 2 |
| How dangerous the sun is | |
| When to protect from the sun / unsafe times | |
| to be in the sun / times to stay out of the sun | |
| Safe times to be in the sun | 5 |
| Times to stay in the shade | 6 |
| To cover up | 7 |
| The risk of getting sunburnt | 8 |
| Sun protection factor of sunscreens | 9 |
| How hot or cold it is that day | 10 |
| To use sunscreen | |
| Can get burnt on cloudy days | 12 |
| To reapply sunscreen | 13 |
| To be sun safe (SunSmart) | 14 |
| Other – please specify | 15 |
| Don't know | 99 |
| Refused | 98 |
| | |

Everyone

S3

Showcard S3

We are interested in all skin types, so we can understand how likely people are to burn. Looking at the Showcard, how would you describe your natural, untanned skin colour?

| Very fair – always burning, never tans, sensitive to sun exposure; may have red hair, freckles1 |
|---|
| Fair – burns easily, tans a little; fair skinned, may have blue, |
| green or grey eyes2 |
| Medium – burns moderately, tans slowly to light brown3 |
| Olive – burns a little, always tans to mid-brown; olive skin4 |
| Dark – burns rarely, tans to dark brown; brown skin5 |
| Very dark – rarely burns; dark brown skin6 |
| Black |
| Other – please specify8 |
| Don't know99 |
| Refused |

S4

In the last 12 months, did you try to get a sun tan?

① Do not include sunbeds, spray tan or self-tanning products.

| Yes | 1 |
|------------------------------|----|
| No, didn't make any attempts | 2 |
| No, already dark-skinned | 3 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

S5

☐ Showcard S5

During the last New Zealand spring and summer, from September 2019 to February 2020, did you...

| | | Yes | No | DK | Ref |
|---|---|-----|----|----|-----|
| а | get sunburnt, with blisters or pain for two or more days? | 1 | 0 | 99 | 98 |
| b | get sunburnt, with reddening or soreness of the skin? | 1 | 0 | 99 | 98 |

Everyone

Kupe

S6

☐ Showcard S6

What do you do, if anything, to protect yourself from getting sunburnt?

[S6=8 is UNIQUE]

① Multiple responses allowed.

| Use sunscreen | 1 |
|---|----|
| Wear a hat | 2 |
| Cover up with clothing | 3 |
| Wear sunglasses | 4 |
| Stay in the shade | 5 |
| Plan outdoor activities outside of peak sun times | 6 |
| Other – please specify | 7 |
| None of these | 8 |
| Don't know | 99 |
| Refused | 98 |

S7

In the last 12 months, has a doctor or nurse at a medical centre talked to you about your personal risk of getting skin cancer?

| Yes | 1 |
|------------|----|
| No | 0 |
| Don't know | 99 |
| Refused | 98 |

Everyone

Kupe

S8

☐ Showcard S8

In the last 12 months, have you had a skin check with a health professional who checks the skin on your whole body looking at any unusual spots, freckles or moles which could be a sign of skin cancer?

[S8=5 is UNIQUE]

• Multiple responses allowed.

Yes, skin checked by...

| · • | |
|-------------------------------------|----|
| Doctor (GP) | 1 |
| Skin specialist (eg, Dermatologist) | 2 |
| Nurse | 3 |
| Other – please specify | 4 |
| No | 5 |
| Don't know | 99 |
| Refused | 98 |

Everyone

S9

Showcard S9

In the last 12 months, have you, or any family or friends, checked the skin on your whole body looking at any unusual spots, freckles or moles which could be a sign of skin cancer?

[S9=5 is UNIQUE]

- ① Multiple responses allowed.
- (i) Excludes health professionals mentioned in previous question.

Yes, skin checked by...

| · | |
|---------------------------|----|
| Self-examination | 1 |
| Family member or partners | 2 |
| Friends | 3 |
| Other – please specify | 4 |
| | |
| No | 5 |
| Don't know | 99 |
| Refused | 98 |
| | |

Section F: Food and Drinks

F1 I

The following questions are about what you eat and drink.

We begin by asking about how much fruit and vegetables you eat, including when you aren't at home.

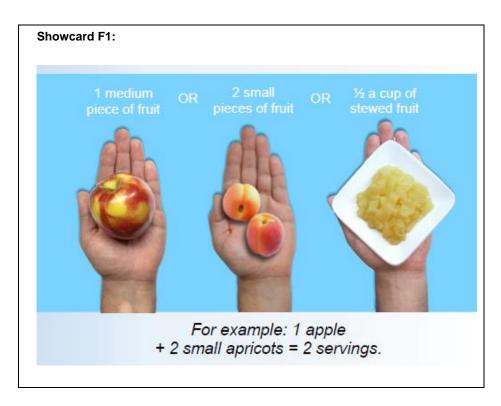
Everyone

F1

Showcard F1

On **average**, how many **servings** of fruit do you eat per day? Please include all fresh, frozen, canned and stewed fruit. Do **not** include fruit juice or dried fruit. A '**serving**' equals 1 medium piece of fruit, **or** 2 small pieces of fruit, **or** ½ cup of stewed fruit. For example, 1 apple plus 2 small apricots equals 2 servings.

| I don't eat fruit | 1 |
|-----------------------------|----|
| Less than 1 serving per day | 2 |
| 1 serving per day | 3 |
| 2 servings per day | 4 |
| 3 servings per day | 5 |
| 4 or more servings per day | 6 |
| Don't know | 99 |
| Refused | 98 |

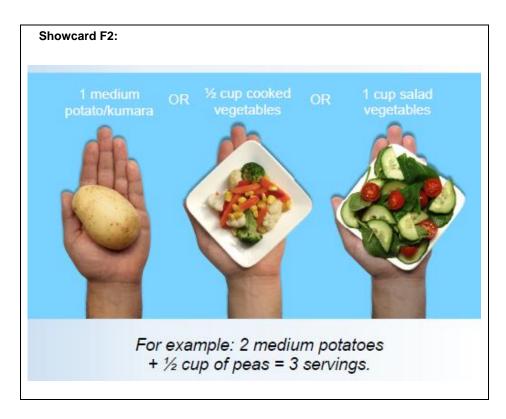


F2

☐ Showcard F2

On **average**, how many **servings** of vegetables do you eat per day? Please include all fresh, frozen and canned vegetables. Do **not** include vegetable juices. A **'serving'** equals 1 medium potato or kumara, **or** ½ cup cooked vegetables, **or** 1 cup of salad vegetables. For example, 2 medium potatoes plus ½ cup of peas equals 3 servings.

| I don't eat vegetables | 1 |
|-----------------------------|----|
| Less than 1 serving per day | 2 |
| 1 serving per day | 3 |
| 2 servings per day | 4 |
| 3 servings per day | 5 |
| 4 or more servings per day | 6 |
| Don't know | 99 |
| Refused | 98 |



Kupe

F3

Over the last 7 days on how many days was your main meal prepared at home?

- ① 'Main meal' means the largest meal of the day; if all meals are the same size, then ask them to refer to the evening meal.
- ① Includes meals prepared in other people's homes as well as your own.
- ① Includes meals that have been added to with takeaways, like rice or hot chips.

| | [Enter number from 0 to 7] | |
|------------|----------------------------|----|
| Don't know | | 99 |
| Refused | | 98 |

If F3=7 GO TO F5 OTHERWISE GO TO F4

If F3 < 7 or F3 = 99 or F3 = 98

Kupe

F4

Over the last 7 days, on how many days was your **entire main meal** bought outside the home, such as buying takeaways, or eating at a restaurant?

- ① 'Main meal' means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.
- ① 'Bought outside the home' means bought at a takeaway outlet, food court, cafe, pub, petrol station, dairy.

| | [Enter number from 0 to 7 | ' minus F3 response] |
|------------|---------------------------|----------------------|
| Don't know | | 99 |
| Refused | | 98 |

Everyone

F5

☐ Showcard F5

Looking at the Showcard, how long do you, or the person who usually prepares the main meal, normally spend preparing the main meal of the day for your household?

① 'Main meal' means the largest meal of the day; if all meals are the same size, then ask them to refer to the evening meal.

| Less than 30 mins | 1 |
|-------------------|----|
| 30–60 mins | 2 |
| More than an hour | 3 |
| Don't know | 99 |
| Refused | 98 |

F6

Showcard F6

Looking at the Showcard, which of these do you use to get information for preparing food at home? [F6=8 is UNIQUE]

① Multiple responses allowed.

| Own knowledge | 1 |
|--|----|
| Family or friends' knowledge | 2 |
| Recipe books / recipe cards / magazines / food packaging | 3 |
| TV shows | 4 |
| Websites or apps | 5 |
| Social media, eg, Facebook, Pinterest, YouTube | 6 |
| Other – please specify | 7 |
| I do not prepare food | 8 |
| Don't know | 99 |
| Refused | 98 |

Everyone

F7

To see if I need to ask the next questions, can I please check: do you usually live alone, or with other people?

| Usually live alone | 1 |
|--------------------------|----|
| Usually live with others | 2 |
| Don't know | 99 |
| Refused | 98 |

If F7=1, 99 OR 98 GO TO F10 OTHERWISE GO TO F8

More than one occupant

..

Kupe

F8

In the last 7 days, on how many days did everyone, or almost everyone, in your household eat the main meal of the day together, including meals eaten outside of the home?

- ① 'Main meal' means the largest meal of the day, if all meals are the same size then ask them to refer to the evening meal.
- ① 'Almost everyone' could be that one parent is away, but the rest of the family eat together.

| [Enter number from 0 to 7] | |
|----------------------------|----|
| Don't know | 99 |
| Refused | 98 |

If F8=0, 99, 98 GO TO F10 OTHERWISE GO TO F9

More than one occupant and 1–7 main meals together

F9

Out of those [Insert from F8] meals, how many were eaten **without** a TV or device in use? ① 'Device in use' means looking at a screen, eg, a tablet, cell phone or computer.

Everyone

F10

☐ Showcard F10

Looking at the Showcard, how often do you buy food or drinks from:

A dairy, petrol station or other convenience store?

| At least once a day | 1 |
|------------------------------|---|
| 5 to 6 times a week | 2 |
| 2 to 4 times a week | 3 |
| At least once a week | 4 |
| At least once a fortnight | 5 |
| At least once a month | 6 |
| Less often than once a month | 7 |
| Never | 8 |
| Don't know9 | 9 |
| Refused 9 | 8 |

Everyone

F11

☐ Showcard F11

Looking at the Showcard, how often do you buy food or drinks from: Takeaway outlets, food courts, cafes, bars, pubs or restaurants?

| At least once a day | 1 |
|------------------------------|----|
| 5 to 6 times a week | 2 |
| 2 to 4 times a week | 3 |
| At least once a week | 4 |
| At least once a fortnight | 5 |
| At least once a month | 6 |
| Less often than once a month | 7 |
| Never | 8 |
| Don't know | 99 |
| Refused | 98 |

F12

Showcard F12

Looking at the Showcard, how often do you buy food or drinks from:

A fruit and vegetable shop, market, or farmers markets?

| At least once a day | 1 |
|------------------------------|------|
| 5 to 6 times a week | 2 |
| 2 to 4 times a week | 3 |
| At least once a week | 4 |
| At least once a fortnight | 5 |
| At least once a month | 6 |
| Less often than once a month | 7 |
| Never | 8 |
| Don't know | . 99 |
| Refused | . 98 |

Everyone

F13

Showcard F13

Generally, when you are buying food, what are the three things that most affect your choices?

[F13=11 is UNIQUE]

[Up to 3 responses may be selected]

① Multiple responses allowed.

| Cost / value for money | 1 |
|------------------------|----|
| Quality | 2 |
| Taste | 3 |
| Healthiness | 4 |
| Convenience | 5 |
| Familiarity | 6 |
| Environmental impact | 7 |
| Advertising | 8 |
| Food allergies | 9 |
| Other – please specify | 10 |
| I do not buy food | 11 |
| Don't know | 99 |
| Refused | 98 |

F14_I

The last three questions in this section are about alcohol.

Everyone

Kupe

F14

☐ Showcard F14

How often do you have a drink containing alcohol?

| Never | 1 |
|------------------------|----|
| Monthly or less | 2 |
| 2 to 4 times a month | 3 |
| 2 to 3 times a week | 4 |
| 4 or more times a week | 5 |
| Don't know | 99 |
| Refused | 98 |

Derive: Drinker if F14=2-5

IF F14=2-5 GO TO F15 OTHERWISE GO TO D1_I

If F14 = 2-5 (drinker)

Kupe

F15

☐ Showcard F15

How many standard drinks containing alcohol do you have on a typical day when you are drinking? A standard drink is one can or small bottle of beer, one small glass of wine, or one shot of spirits.

| 1 or 2 | 1 |
|------------|----|
| 3 or 4 | 2 |
| 5 or 6 | 3 |
| 7 to 9 | 4 |
| 10 or more | 5 |
| Don't know | 99 |
| Refused | 98 |

If F14 = 2-5 (drinker)

Kupe

F16

☐ Showcard F16

How often do you have six or more standard drinks on one occasion?

(i) A standard drink is one can or small bottle of beer, one small glass of wine, or one shot of spirits.

| Never | 1 |
|-----------------------|----|
| Less than monthly | 2 |
| Monthly | 3 |
| Weekly | 4 |
| Daily or almost daily | 5 |
| Don't know | 99 |
| Refused | 98 |

Derive

Hazardous drinker = Male >3 points, Female >2 points Scoring:

F14 is 1 = 0 points, F14 is 2 = 1 point, F14 is 3 = 2 points, F14 is 4 = 3 points, F14 is 5 = 4 points

F15 is 1 = 0 points, F15 is 2 = 1 point, F15 is 3 = 2 points, F15 is 4 = 3 points, F15 is 5 = 4 points

F16 is 1 = 0 points, F16 is 2 = 1 point, F16 is 3 = 2 points, F16 is 4 = 3 points, F16 is 5 = 4 points

F14 to F16 are the Audit-c

https://www.integration.samhsa.gov/images/res/tool_auditc.pdf

Each AUDIT-C question has 5 answer choices. Points allotted are: a = 0 points, b = 1 point, c = 2 points, d = 3 points, e = 4 points

- In men, a score of 4 or more is considered positive, optimal for identifying hazardous drinking or active alcohol use disorders.
- In women, a score of 3 or more is considered positive (same as above).
- However, when the points are all from Question #1 alone (#2 & #3 are zero), it can be assumed that the patient is drinking below recommended limits and it is suggested that the provider review the patient's alcohol intake over the past few months to confirm accuracy.³
- Generally, the higher the score, the more likely it is that the patient's drinking is affecting his or her safety.

Section D: Demographics

| D1_I We are nearing the end of the survey. The purpose of this section is to collect some general information about you and your household. |
|--|
| Everyone |
| D1 Were you born in New Zealand? |
| Yes 1 |
| No 0 |
| Don't know99 |
| Refused98 |
| IF D1=0 GO TO D2 |
| OTHERWISE GO TO D3_I |
| If D1 = No, not born in New Zealand D2 In what year did you arrive to live in New Zealand? [Range 1920–2021] Don't know – 99 Refused – 98 |
| D3_I These two questions are more personal. I am going to turn the laptop towards you. Please select an option. When you have answered the two questions, click next and turn the computer back to me. |
| Everyone Kupe D3 What gender do you identify as? |
| Male 1 |
| Female 2 |
| Gender diverse3 |
| Don't know99 |

D4

Which of the following options best describes how you think of yourself?

| Heterosexual or straight | 1 |
|--------------------------|----|
| Gay or lesbian | 2 |
| Bisexual | 3 |
| Other | 4 |
| Don't know | 99 |
| Prefer not to say | 98 |

Please pass the computer back to the interviewer, for the next set of questions.

Everyone

D5

☐ Showcard D5

Looking at the Showcard, which one best describes your current work situation?

Paid employment or self employed

Working on average 30 hrs or more each week 1
Working on average less than 30 hrs each week 2

Not in paid work

> IF D5=1 OR 2 GO TO D6 OTHERWISE GO TO D7

Those in paid employment D5 = 1 or 2

D6

Showcard D6

When you are working, is most of your time spent indoors, about the same indoors and outdoors, or outdoors?

① Outdoors refers to being out in the open.

| Indoors | 1 |
|-------------------------------------|----|
| About the same indoors and outdoors | 2 |
| Outdoors | 3 |
| Don't know | 99 |
| Refused | 98 |

D7

☐ Showcard D7

Looking at the Showcard, what is the highest qualification you have?

| No qualification | 1 |
|---|---|
| Secondary school qualification | 2 |
| Tertiary qualification (eg, trade, polytechnic degree, | |
| bachelors degree) | 3 |
| Postgraduate degree / diploma / certificate or higher (eg, honours, masters, doctorate) | 2 |
| Don't know | |
| Refused | |

Everyone

D8

☐ Showcard D8

Who usually lives with you?

[D8=1 is UNIQUE]

- ① Multiple responses allowed.
- ① 'Usually' means the person lives in the house for four or more days per week.

| I live alone | 1 |
|--|----|
| My wife, husband, or partner | 2 |
| Family or whānau (could include children, step-children, parents, grandparents, sister, brother, aunty, uncle, | |
| cousin, in-laws etc) | 3 |
| People who are unrelated to me (flatmates, friends, boarders) | |
| Others – please specify | |
| Don't know | |
| Refused | 98 |

IF D8=1 GO TO D11 OTHERWISE GO TO D9

D8 ≠ 1

D9

☐ Showcard D9

Looking at the Showcard, **including you, how many** people in each age group usually live here in this house?

[D9 d or e must be > than 0]

- ① 'Usually' means the person lives in the house for four or more days per week.
- ① All fields must be completed.

| | Age | Number |
|---|-------------------|--------------|
| | | [Range 0–20] |
| а | 0 – 4 years | |
| b | 5 – 13 years | |
| С | 14 – 15 years | |
| d | 16 – 17 years | |
| е | 18 years and over | |

| Don't know | 99 |
|------------|----|
| Refused | 98 |

IF D9=98 OR D9=99, GO TO D11 OTHERWISE GO TO D10

Check question for those who answered D9 = a-e

D10

So, including you, there are [Total in D9] people usually living in this house?

| Yes 1 | | |
|-------|---|-------------------|
| No 0 |) | [Correct D9 IF No |

Everyone

D11

Showcard D11

In the last 12 months, what is the total income that your **household** got from all sources, before tax or anything was taken out of it?

| \$20,000 or less | 1 |
|-----------------------|----|
| \$20,001 – \$40,000 | 2 |
| \$40,001 – \$60,000 | 3 |
| \$60,001 – \$80,000 | 4 |
| \$80,001 - \$100,000 | 5 |
| \$100,001 - \$250,000 | 6 |
| \$250,001 or more | 7 |
| Don't know | 99 |
| Refused | 98 |

D12

☐ Showcard D12

Currently, do any of the following apply to you or your household as a result of COVID-19?

| | | Yes | No | Not applicable | DK | Ref |
|---|---|-----|----|----------------|----|-----|
| а | You or another household member have lost their main source of income, eg, by being made redundant or having their business close | 1 | 0 | 97 | 99 | 98 |
| b | You or another household member have reduced income, eg, salary cut, hours reduced | 1 | 0 | 97 | 99 | 98 |
| С | You or another household member have increased income, eg, working longer hours | 1 | 0 | 97 | 99 | 98 |

Everyone

D13

☐ Showcard D13

Looking at the Showcard, please indicate if you are **currently** experiencing any of these positive outcomes as a result of the COVID-19 pandemic.

① Multiple responses allowed.

| Heightened sense of community, eg, stronger connections |
|---|
| with family and neighbours1 |
| Pride in ability to cope under difficult circumstances2 |
| Family's increased resilience |
| More time for other activities4 |
| Sense of stronger personal commitment to New Zealand5 |
| Renewed appreciation of life6 |
| Spending more time together with family / whānau, or friends7 |
| Business or employment opportunities8 |
| Income-related benefits, eg, higher income, lower expenses9 |
| Other – please specify positive outcomes only10 |
| None of the above11 |
| Don't know99 |
| Refused98 |

Everyone

D14

There are just a few more questions and then we are finished. Any information you give me from now on will not be stored with your answers for the survey.

Section R: Recontact and Data Linkage

Quality Control

| Everyone R1_I |
|--|
| I would now like to collect some recontact information from you. This is so that my Supervisor can call |
| you in the next few weeks if there are any queries about the completion of this survey, or to check that |
| you are happy with the way the interview was conducted. |
| |
| Everyone |
| R1 |
| Is there a landline phone that my Supervisor can call you on? |
| |
| Yes – enter landline phone number1 |
| No0 |
| |
| |
| Everyone |
| R2 |
| Do you have a cell phone number we could reach you on? |
| Yes – enter cell phone number1 |
| No0 |
| |
| _ |
| Everyone |
| R3 Do you have an email address, in case we cannot contact you by telephone? |
| bo you have an email address, in case we cannot contact you by telephone: |
| Yes – enter email address1 |
| No0 |
| |
| |
| Follow-up Research |
| |
| Everyone |
| R4 |
| Are you happy to be contacted by Te Hiringa Hauora / Health Promotion Agency within the next five years and asked if you want to take part in further research? This doesn't commit you to taking part, it |
| just means they can contact you to ask. |
| |
| Yes1 |
| No 0 |

IF R4=1 GO TO R5 OTHERWISE GO TO R6

| Could I please record your name? |
|--|
| Yes – record name1 |
| No0 |
| |
| Data Linkage |
| |
| Everyone |
| R6 Te Hiringa Hauora / Health Promotion Agency would like to ask for your permission to combine the valuable information you have provided in this survey with other routinely collected information held by government agencies. Combining the answers you have just given with other information will help researchers understand more about New Zealanders' wellbeing and lifestyles. |
| To combine the information, Te Hiringa Hauora needs your permission to use your name, address, gender, and date of birth details. Te Hiringa Hauora is bound by the Privacy Act, and these details will be kept secure and only used by approved staff for data linking. Your name, address and date of birth will be removed before the combined information is made available to approved researchers. The combined information will only be used for research and statistical purposes. |
| Are you willing for your Health and Lifestyles Survey results to be linked with other data held by government? |
| ① If the answer is Yes, the participant must also read and agree to the data linkage consent form. They must also be given a hard copy of the consent form, or have it emailed to them, for their future information. |
| Yes1 |
| No0 |
| |
| IF R6=1 GO TO R7 |

OTHERWISE GO TO R9_I

If R4 = Yes willing to be contacted R5

R7 [Following to appear on electronic consent form]

Data Linkage Consent

I [Full Name] authorise Te Hiringa Hauora / Health Promotion Agency to use my name, address, gender, and date of birth, to combine my Health and Lifestyles Survey responses with other information held by government agencies, for research and statistical purposes.

I understand that:

(Please read each bullet point carefully)

- The combined information will be used only for research and statistical purposes by government-approved researchers.
- My name, address, and date of birth will remain confidential and can only be accessed by approved staff at Te Hiringa Hauora or Statistics New Zealand, for the purpose of linking data held by government agencies.
- My name, address and date of birth will be removed when the data has been linked (only the month and year of birth will be retained).
- I have the right to change or access my personal details (name, address and date of birth).

| | Signature / Full name1 Date2 |
|--------------------|---|
| R8 Can I please | e record your name, address, date of birth and gender for data linking? |
| Y | 'es1 |
| | First name Middle name Surname |
| | Street number and name Suburb City Postcode |
| | Date of birth Gender |
| N | No, don't record any of these details0 |

[If only first name provided, prompt: "In order to help us link your data, would you mind providing your surname?"]

Respondent Burden Assessment

| E | ver | νo. | ne |
|---|-----|-----|----|
| | | , – | |

R9_I

The next questions will ask you about your experience of the survey process. I will turn the computer towards you, so you can answer the questions privately. Please click the 'Next' button when you are done.

Everyone

R9

Please rate on a scale of 1–5, where 1 is absolutely not acceptable and 5 is highly acceptable:

| | 1 | 2 | 3 | 4 | 5 |
|----------------------------|---|---|---|---|---|
| Survey length | | | | | |
| The number of questions | | | | | |
| Complexity of questions | | | | | |
| Intrusiveness of questions | | | | | |

Everyone

R10

Would you take part in the Health and Lifestyles Survey again?

| Yes | 1 |
|-----|-------|
| No | 0 |

| IF R10=0 GO TO R11 |
|---------------------|
| OTHERWISE GO TO R12 |

If R10 no wouldn't take part again

R11

Please indicate why you would not take part again?

(i) Tick all that apply.

| Took too long1 |
|------------------------------|
| Too many questions2 |
| Questions were too personal3 |
| Questions were not relevant4 |
| Survey was too repetitive5 |
| Lost interest6 |
| Other – please specify7 |

| Everyone R12 |
|--|
| Are there any other comments you would like to make about taking part in the survey? |
| Are there any other comments you would like to make about taking part in the survey! |
| |
| |
| |
| |
| |
| Disease district the Object button and benefit the commutant back |
| Please click the 'Next' button and hand the computer back. |
| |
| Everyone |
| R13_I |
| That's all the questions I have to ask you. Thanks again for helping with the survey. Here is a small gift from Te Hiringa Hauora in recognition of your time. |
| (i) Give Thank You card and koha. |
| Inside the card is a list of phone numbers you can call if you would like more information or advice. If you'd prefer, I can arrange for this to be emailed to you along with the consent form(s) you signed today. If you'd rather not receive these items, that's completely fine. |
| Yes, please email to me – specify email1 |
| No, don't email2 |
| 10, 45, 10, 14, 11, 11, 11, 11, 11, 11, 11, 11, 11 |
| Interviewer answered |
| R13 |
| What level of language assistance, if any, was used for the interview? ① Interviewer to complete. |
| The viewer to complete. |
| None1 |
| The interviewer helped translate questions into a language other than English2 |
| A friend / family member helped translate questions into a language other than English3 |
| Official interpreter was used4 |
| Don't know99 |
| Refused 08 |