

new zealand youth tobacco monitor

NEW ZEALAND YOUTH TOBACCO MONITOR 2019

What is the NZYTM?

The New Zealand Youth Tobacco Monitor (NZYTM) is a national school-based survey run by the Health Promotion Agency (HPA) and Action on Smoking and Health (ASH).

The NZYTM forms part of the Ministry of Health's public health monitoring programme and gathers information on smoking and other health-related attitudes and behaviours among Year 10 students.

The NZYTM comprises two parts:

- The ASH Year 10 Snapshot, an annual survey of around 30,000 Year 10 students throughout New Zealand.
- HPA's Youth Insights Survey (YIS), conducted every two years with around 3,000 Year 10 students throughout New Zealand.

In 2019, the NZYTM involves only the ASH Year 10 Snapshot.

What does participating in 2019 mean for your school?

In 2019, the NZYTM involves the ASH Year 10 Snapshot (see www.hpa.org.nz/what-we-do/nzytm).

All schools with Year 10 students are invited to participate in the ASH Year 10 Snapshot. At participating schools a teacher will administer the survey, including distributing it to all Year 10 classes in the school. The survey should take students about 10 minutes to complete.

What is the information used for?

Information from the NZYTM helps inform and evaluate activities to reduce tobacco use among young people. The results are widely reported by the media and in published research in New Zealand and internationally. Each year, ASH provides school-level smoking prevalence figures to participating schools. ASH reports yearly on the national Snapshot findings (https://www.ash.org.nz/ash_year_10), provides national and regional break downs where possible, and provides schools with their school-level prevalence figures.

What do you need to do?

Principals / Deputy Principals

Please consider giving consent for your school to participate. Nominate one teacher to be the contact person and to coordinate the survey(s) in your school.

School contact person

If your school participates in the ASH Year 10 Snapshot, we ask you to distribute the Snapshot questionnaire to the year 10 form teachers or health teachers with year 10 students in your school, to administer the survey to students. The survey will take students about 10 minutes to complete. You then collect and return all questionnaires to ASH (both completed and unused) in the pre-paid courier bags supplied.

The survey is run in Term 2, at least 30 days into the term (from 20 May to 5 July 2019) so that the responses represent school term time rather than holidays. We ask that the students are not told of the survey's subject or sponsor before the survey to avoid any discussion and potential bias in responses.

Consent

Written consent to participate is given by principals or deputy principals on behalf of the school. On the day, students can choose whether they will participate.

Confidentiality

At an individual level, the questionnaires remain anonymous and confidential to protect the privacy of students' responses. The results may also be shared with local Public Health Unit (PHU) if consent is obtained (this is part of the consent form process). The only exception is for schools with fewer than 10 students completing the questionnaire (in order to protect anonymity). Schools participating in the research will not be named or identified in any form in any published reports or to the media.

Ethical approval for this study has been granted by the Ministry of Health's Health and Disability Ethics Committee (Number MEC/07/10/141).

Key dates

- March to April 2019: Principals of all New Zealand schools with Year 10 students receive a letter informing them of the upcoming NZYTM.
- April to May 2019: Schools are contacted to ask for consent to participate.
- May 2019: Questionnaire packs are delivered to consenting schools.
- 20 May to 5 July 2019: Schools undertake the ASH Year 10 Snapshot.
- 2 August 2019: Last date to return completed questionnaires.

For more information

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For more information on the New Zealand Youth Tobacco Monitor (NZYTM) visit

www.hpa.org.nz/what-we-do/nzytm