

**Youth and Alcohol
ALAC Youth Drinking Monitor**

August 2000

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Table 23: Ever tried alcohol (by youth drinking segment)

Q5. The next few questions are about trying and using alcohol. Have you ever tried **alcohol**, even a sip? (This includes, beer, cider, wine, spirits, liqueurs and alcoholic lemonade and RTD's).

| | Total sample n=303 % | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 2000 Non- drinker n=43 % | 1998 Total sample n=317 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % | 1998 Non- drinker n=76 % |
|-------|-------------------------------|--|--|--------------------------------------|---------------------------------------|---|--|--------------------------------------|
| Yes | >99 | 100 | 100 | 93 | 95 | 100 | 100 | 79 |
| No | 1 | 0 | 0 | 7 | 5 | 0 | 0 | 21 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

Caution: low base number of respondents—results are indicative only.

Table 24: Ever had a full glass of alcohol (by youth drinking segment)

Q6. Have you ever had a **full** "glass" of alcohol? By this, I mean a whole can or bottle of beer or a whole glass of wine.

| | Sub sample* n=296 % | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 2000 Non- drinker n=36 % | 1998 Sub sample* n=301 % | 1998 Heavier drinker n= % | 1998 Lighter drinker n=123 % | 1998 Non- drinker n=36 % |
|-------|------------------------------|--|--|--------------------------------------|--------------------------------------|---------------------------------------|--|--------------------------------------|
| 2000 | | | | | | | | |
| Yes | >90 | 100 | 100 | 17 | 84 | 100 | 100 | 18 |
| No | 10 | 0 | 0 | 83 | 0 | 0 | 0 | 82 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who claim they have tried (or don't know if they have tried) alcohol, even a sip (Q5).

Caution: low base number of respondents—results are indicative only.

Table 25: Frequency of drinking alcohol (by youth drinking segment)

Q8. At present, about how often do you have an alcoholic drink of any kind?

| | Sub sample* n=269 | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n=252 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|----------------------------|-------------------------|--|--|--------------------------------------|---|--|
| Almost everyday | 3 | ➤6 | 0 | 2 | 2 | 2 |
| About 2 or 3 times a week | 13 | ➤16 | 11 | 10 | 18 | 6 |
| About once a week | 24 | ➤29 | 22 | 26 | 32 | 24 |
| About once every two weeks | 23 | 21 | 26 | 16 | 14 | 19 |
| About once a month | 16 | 15 | 16 | 26 | 25 | 29 |
| Only a few times a year | 18 | 12 | 23 | 15 | 9 | 20 |
| Never drink alcohol now | 2 | 0 | 0 | 4 | 0 | 0 |
| Don't know | 1 | 1 | 1 | 0 | 0 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who claim they have tried (or don't know if they have tried) alcohol, even a sip (Q5) and have had a full glass (Q6).

Caution: low base number of respondents—results are indicative only.

2000

%

Table 26: Consumption on last drinking occasion (by youth drinking segment)

Q11. Thinking about the **last time** you drank at least one full “glass” of alcohol.

Remember, that’s a whole can or bottle of beer, a glass of wine, etc. About how many glasses did you drink?

| | Sub sample* n=260 | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n=241 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|----------------------|-------------------------|--|--|--------------------------------------|---|--|
| Only one glass | 17 | 0 | 32 | 16 | 0 | 26 |
| 2 glasses | 13 | 0 | 25 | 20 | 0 | 34 |
| 3 glasses | 14 | 0 | 27 | 13 | 0 | 22 |
| 4 glasses | 9 | 0 | 17 | 9 | 0 | 15 |
| 5-6 glasses | 17 | >38 | 0 | 20 | 48 | 0 |
| 7-8 glasses | 11 | >24 | 0 | 5 | 12 | 0 |
| 9-10 glasses | 5 | >10 | 0 | 7 | 18 | 0 |
| More than 10 glasses | 13 | >28 | 0 | 8 | 21 | 0 |
| Don't know | 2 | 0 | 0 | 2 | 1 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who said they had tried alcohol (Q5/6) and still drink alcohol (Q8).

2000

%

Table 27: Binge drinking in past two weeks (by youth drinking segment)

Q9. Have you drunk 5 or more drinks in a row anytime in the last 2 weeks? By a drink, I mean a whole can or bottle of beer or a whole glass of wine.

| | 2000 Sub sample* n=259 | 2000 Heavier drinker n=128 | 2000 Lighter drinker n=123 | 1998 Sub sample* n=241 | 1998 Heavier drinker n=97 | 1998 Lighter drinker n=144 |
|-------|---------------------------------|-------------------------------------|-------------------------------------|---------------------------------|------------------------------------|-------------------------------------|
| | | % | % | % | % | % |
| Yes | 39 | >58 | 23 | 32 | 54 | 17 |
| No | 61 | 42 | 77 | 68 | 46 | 83 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who have tried alcohol (Q5/6) and still drink alcohol (Q8).

Table 28: Frequency of binge drinking in past two weeks (by youth drinking segment)

Q9a. How many times in the last 2 weeks did you do that? That is, drink 5 or more drinks in a row.

| 2000 | 2000 Sub sample* n=115 | 2000 Heavier drinker n=80 | 2000 Lighter drinker n=30 | 1998 Sub sample* n=77 | 1998 Heavier drinker n=51 | 1998 Lighter drinker n=24 |
|---------------------|---------------------------------|------------------------------------|------------------------------------|--------------------------------|------------------------------------|------------------------------------|
| | | % | % | % | % | % |
| Once | 50 | 45 | 62 | 55 | 53 | 60 |
| Twice | 23 | 18 | 35 | 21 | 20 | 24 |
| Three or more times | 27 | >37 | 4 | 24 | 28 | 16 |
| Don't know | 0 | 0 | 0 | 1 | 0 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8) and who claim they have had 5 or more alcoholic drinks in one session in the last 2 weeks (Q9).

Caution: low base number of respondents—results are indicative only.

Table 29: Binge drinking in the past three months (by youth drinking segment)

Q10. Have you drunk 5 or more drinks in a row anytime in the last 3 months?

| | 2000 Sub sample* n=260 | 2000 Heavier drinker n=129 | 2000 Lighter drinker n=123 | 1998 Sub sample* n=241 | 1998 Heavier drinker n=97 | 1998 Lighter drinker n=144 |
|----------------|---------------------------------|-------------------------------------|-------------------------------------|---------------------------------|------------------------------------|-------------------------------------|
| | | % | % | % | % | % |
| Yes | 75 | >88 | 63 | 63 | 93 | 44 |
| No/ Don't know | 25 | 12 | 37 | 36 | 7 | 50 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8) and those who claim they have had 5 or more alcoholic drinks in one session in the last 2 weeks (Q9).

Table 30: Frequency of binge drinking in past three months (by youth drinking segment)

Q10a. How many times in the last 3 months did you do that? That is, drink 5 or more drinks in a row.

| | 2000 Sub sample* n=201 | 2000 Heavier drinker n=115 | 2000 Lighter drinker n=77 | 1998 Sub sample* n=152 | 1998 Heavier drinker n=82 | 1998 Lighter drinker n=62 |
|---------------------|---------------------------------|-------------------------------------|------------------------------------|---------------------------------|------------------------------------|------------------------------------|
| | % | % | % | % | % | % |
| One | 26 | 19 | 33 | 23 | 18 | 32 |
| Two | 16 | 14 | 18 | 22 | 18 | 29 |
| Three to five times | 25 | 22 | 30 | 21 | 26 | 18 |
| Six to ten times | 15 | 18 | 12 | 16 | 17 | 15 |
| More than ten times | 15 | >22 | 6 | 15 | 20 | 6 |
| Don't know | 4 | 5 | 1 | 5 | 0 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8), those who have binged in the last 2 weeks (Q9) and those who have binged in the last 3 months (Q10).

Caution: low base number of respondents—results are indicative only.

Table 31: Types of alcohol tried (by youth drinking segment)

Q7. Which of these types of alcohol have you ever had a full "glass" of? Is there anything else I haven't already said?

| | Sub sample* n=269 % | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n=252 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|--|------------------------------|--|--|--------------------------------------|---|--|
| Wine or sparkling wine | 86 | 90 | 84 | 84 | 86 | 82 |
| Ordinary strength beer | 85 | 89 | 83 | 84 | 93 | 81 |
| Spirits mixed or straight (e.g. with coke or lemonade) | 79 | 91 | 68 | 73 | 89 | 64 |
| RTD's (Ready To Drinks, e.g. Stollies, Mule, Rum and Cola) | 76 | 83 | 68 | 65 | 84 | 56 |
| Alcoholic sodas (e.g. Sub zero, Vault) | 61 | 74 | 52 | 65 | 75 | 62 |
| Low alcohol beer | 59 | 67 | 53 | 65 | 74 | 60 |
| Liqueurs (e.g. Baileys) | 57 | 69 | 45 | 60 | 71 | 52 |
| Alcoholic lemonades (e.g. Stinger, Two Dogs) | 56 | 66 | 48 | 62 | 75 | 54 |
| Wine cooler | 39 | 45 | 34 | 44 | 51 | 41 |
| Cider | 34 | 38 | 32 | 39 | 53 | 32 |
| Home brew | 34 | 39 | 29 | 33 | 43 | 24 |
| Port or sherry | 29 | 34 | 26 | 24 | 31 | 19 |
| Extra strength beer (e.g. Elephant Beer) | 27 | 36 | 21 | 23 | 34 | 16 |
| Other | 3 | 1 | 5 | 1 | 1 | 1 |
| Don't know | 0 | 0 | 0 | 0 | 0 | 0 |
| Total | ** | ** | ** | ** | ** | ** |

Note: Total may exceed 100% because of multiple response.

*Includes only those who claim they have tried (or don't know if they have tried) alcohol, even a sip (Q5) and have had a full glass (Q6).

Table 32: Drinking more or less than last year (by youth drinking segment)

Q21. And would you say you are **now** drinking more, less or about the same amount of alcohol as you did in the past year?

| | Sub sample* n= 260 | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n=241 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|---------------------------------|--------------------------|--|--|--------------------------------------|---|--|
| More | 33 | 30 | 34 | 48 | 59 | 40 |
| Same | 37 | 36 | 39 | 29 | 21 | 34 |
| Less | 30 | 33 | 27 | 21 | 20 | 22 |
| Did not drink alcohol last year | 1 | 1 | 1 | 2 | 1 | 3 |
| Don't know | 0 | 0 | 0 | 0 | 0 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8).

2000

%

Table 33: Perception of drinking level (by youth drinking segment)

Q22. Thinking about how much you drink now, compared with how much you feel is right for you in general, would you say that you are drinking...

| | Sub sample* n=260 % | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n=252 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|------------------------|------------------------------|--|--|--------------------------------------|---|--|
| Far too much | 1 | 3 | 0 | 2 | 4 | 1 |
| Too much | 19 | 26 | 13 | 20 | 24 | 19 |
| About the right amount | 73 | 65 | 79 | 70 | 69 | 69 |
| Too little | 6 | 4 | 7 | 7 | 2 | 11 |
| Far too little | 1 | 2 | 1 | 1 | 0 | 1 |
| Don't know | 0 | 0 | 0 | 0 | 1 | 0 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8).

2000

Table 34: Attempts made to cut back drinking (by youth drinking segment)

Q23. Have you tried to cut back your drinking in the last year?

| | Sub sample* n=65 | 2000 Heavier drinker n=44 % | 2000 Lighter drinker n=19 % | 1998 Sub sample* n=55 % | 1998 Heavier drinker n=27 % | 1998 Lighter drinker n=28 % |
|-------|------------------------|---|---|-------------------------------------|---|---|
| Yes | 41 | 29 | >65 | 45 | 44 | 46 |
| No | 59 | 71 | 35 | 55 | 56 | 54 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 |

Note: Components may not always add to 100% exactly because of rounding.

*Includes only those who are current drinkers (Q8) and claim they have drunk too much or far too much (Q22).

Caution: low base number of respondents—results are indicative only.

2000

%

Table 35: Drinking outcomes (by youth drinking segment)

Q26. Which of the following have ever happened to you as a result of drinking alcohol?

| | 2000 Sub sample* n=261 | 2000 Heavier drinker n=129 % | 2000 Lighter drinker n=123 % | 1998 Sub sample* n= 252 % | 1998 Heavier drinker n=97 % | 1998 Lighter drinker n=144 % |
|---|---------------------------------|--|--|---------------------------------------|---|--|
| You couldn't remember things or what you did/ were unable to remember periods of time | 61 | >70 | 52 | 46 | 66 | 34 |
| You threw up or vomited | 54 | >62 | 46 | 56 | 71 | 47 |
| You saw or heard everything in a confused way | 48 | >54 | 44 | 46 | 60 | 37 |
| You fell over or hurt yourself | 41 | >52 | 31 | 43 | 60 | 32 |
| You felt guilty/embarrassed or sorry about what you did | 40 | >46 | 34 | 46 | 60 | 37 |
| You got into an argument or fight | 27 | >35 | 20 | 25 | 33 | 18 |
| You felt so ill that you didn't go out, or to school, or to work | 24 | >31 | 17 | 23 | 34 | 15 |
| You got into trouble at home | 24 | 26 | 21 | 20 | 26 | 16 |
| You got a lift with a driver who had had too much to drink or drove a car yourself when you had had too much to drink | 18 | >24 | 14 | nm | nm | nm |
| You passed out | 17 | >21 | 13 | nm | nm | nm |
| You ended up in a sexual situation that you weren't happy about | 15 | 19 | 11 | 13 | 16 | 10 |
| You got into trouble with the law | 13 | 17 | 9 | 10 | 16 | 6 |
| You got into trouble with your school (university, employer, etc.) | 6 | 7 | 5 | 8 | 15 | 4 |
| None of these | 17 | 4 | 30 | 20 | 2 | 30 |
| Total | ** | ** | ** | ** | ** | ** |

Note: Total may exceed 100% because of multiple response.

*Includes only those who claim they have tried (or don't know if they have tried) alcohol, even a sip (Q5).

nm= results not measured at this time.

